A community leader, network180 connects individuals and their families to services for mental illness, substance use disorders, or developmental disabilities.



**Mission:** Inspiring hope, improving mental health, supporting self-determined lives, and encouraging recovery.

# DRAFT NETWORK180 BOARD AGENDA

# Monday, August 2, 2021 Business Meeting – 4:45 pm Hybrid Virtual/Eaglecrest Office

The Network180 Board, in order to protect the public health, will conduct its meeting via electronic communications in combination with a limited amount of people at the Eaglecrest Office. Any member of the public wishing to listen to the proceedings or provide public comment may do so by using the following internet connection or phone number and pass code or attend in person.

<u>Click here to join the meeting</u> – link to attend with video capability

Telephone +1 616-552-9539 and then dial the Conference ID: 704 813 302#

If you require special accommodations to attend the virtual meeting, please contact Brenda. Holquist@Network180.org by Monday at noon.

I. CALL TO ORDER

II. ROLL CALL

Ommissioner Stek

Commissioner Stek

Commissioner Stek

Commissioner Stek

Commissioner Stek

Commissioner Stek

Commissioner Stek

- V. CONSENT AGENDA All items listed under this item are considered to be routine and will be enacted by one motion. There will not be separate discussion of these items. If discussion is desired, that item will be removed from the Consent Agenda upon request of any board member and will be considered separately.
  - a. Approval of prior minutes

Commissioner Stek

- i. Finance Committee June 7, 2021
- ii. Board Meeting June 7, 2021
- iii. Executive Committee June 14, 2021
- iv. Emergency Board Meeting June 16, 2021
- v. Finance Committee July 12, 2021
- vi. Board Meeting July 12, 2021
- b. Approval of Disbursements
  - i. May 2021

ii. June 2021

#### VI. CHAIRPERSON'S REPORT

Commissioner Stek

#### VII. FINANCE AND HR COMMITTEE ITEMS

Mr. Oberst

- a. May 2021 Financial Statements and Bucket Report
- b. Compliance Examination FY2020
- c. June 2021 Financial Statements and Bucket Report

#### VIII. EXECUTIVE DIRECTOR'S REPORT

Mr. Ward

- IX. PUBLIC COMMENT
- X. BOARD COMMENT
- XI. ADJOURNMENT

Next meeting dates:

August 9, 2021 – 4:00 pm – Executive Committee

August 16, 2021 – 4:00 pm – Program Committee

August 16, 2021 – 4:45 pm – Work Session

September 8, 2021 – 11:30 am – Substance Abuse Advisory Committee

September 13, 2021 – 4:00 pm – Finance Committee

September 13, 2021 – 4:45 pm – Board Meeting/FY22 Budget Public Hearing

September 20, 2021 – 4:00 pm – Program Committee

September 20, 2021 – 4:45 pm – Work Session

September 21, 2021 – 10:30 am – Recipient Rights Advisory Committee

If you are unable to attend, please contact Brenda Holquist at 616.855.5205 or Brenda.Holquist@network180.org.



# FINANCE & HUMAN RESOURCES COMMITTEE AGENDA MONDAY, AUGUST 2 – 4:00 PM

Location: Virtual/Eaglecrest Office Hybrid

the Network180 Finance Committee, in order to protect the public health, will conduct its meeting via electronic communications. Any member of the public wishing to listen to the proceedings or provide public comment may do so by using the following internet connection or phone number and pass code.

Click here to join the meeting – link to attend with video capability

Telephone <u>+1 616-552-9539</u> and then dial the Conference ID: 610 594 244#

If you require special accommodations to attend the virtual meeting, please contact <a href="mailto:Brenda.Holquist@Network180.org">Brenda.Holquist@Network180.org</a> by Monday at noon.

- I. CALL TO ORDER
- II. PUBLIC COMMENT
- III. APPROVAL OF THE AGENDA
  - A. Additions, Corrections and Deletions
- IV. MOTION ITEMS
  - A. Minutes for July 12, 2021
  - B. June 2021 Disbursements
  - C. June 2021 Financial Statements and Bucket Report
- V. INFORMATION ITEMS
  - A. LRE May 2021 Bucket Report
- VI. HR UPDATE
- VII. PUBLIC COMMENT
- VIII. ADJOURNMENT

Note: If you have any questions as you review this material, please contact Amy Rottman at 616.855.5230 or <a href="mailto:Amy.Rottman@Network180.org">Amy.Rottman@Network180.org</a> so that research can be completed before the meeting.

Finance & HR Committee Members

Please contact Brenda Holquist at 616.855.5205 or <a href="mailto:Brenda.Holquist@network180.org">Brenda.Holquist@network180.org</a> if you are unable to attend the meeting.

#### DRAFT

#### MINUTES OF THE

#### **NETWORK180 FINANCE & HUMAN RESOURCES COMMITTEE**

June 7, 2021

LOCATION: Virtual

**MEMBERS PRESENT:** Donna Moore-Brown, Larry Oberst, Commissioner Stan Ponstein

and Commissioner Stan Stek

OTHER BOARD MEMBERS

PRESENT: Caroline Dellenbusch, Tom Dooley, John Matias and Nessa

McCasey

**MEMBERS ABSENT: Emily Helder** 

**NETWORK180 STAFF:** Clark Bowman, Joan Brown, Ross Buitendorp, Brenda Holquist,

Mark Madrilejo, Stacey O'Toole, Amy Rottman, Beverly Ryskamp,

Kristin Spykerman, Jill Thompson, Annette Tuitel, Bill Ward,

Susan Webber and Ed Wilson

**OTHERS PRESENT:** Attendees were not identified as meeting was held virtually and no

sign in was required.

**CALL TO ORDER** I.

Mr. Oberst called the meeting to order at 4:01 pm.

**PUBLIC COMMENT** II.

None

APPROVAL OF THE AGENDA with the removal of V.B. LRE February Bucket Report III.

Moved: Commissioner Stek Supported: Ms. Moore- Brown

Motion carried.

IV. **MOTION ITEMS** 

A. The Finance and Human Resources Committee recommends approval of the meeting

minutes for May 3, 2021.

Moved: Commissioner Ponstein Supported: Ms. Moore-Brown

Motion carried.

B. The Finance Committee recommends that the Network180 Board approve February 2021 disbursements of \$20,040,483.22.

Moved: Commissioner Ponstein Supported: Ms. Moore-Brown

Ms. Rottman states that there were 5 provider payment weeks and 3 payrolls making the

amount so large this month.

Motion carried.

C. <u>The Finance Committee recommends that the Network180 Board accept the April 2021 financial statements.</u>

Moved: Commissioner Ponstein Supported: Ms. Moore-Brown

Ms. Rottman presented the financial statements and was available for questions.

Motion carried.

D. <u>The Finance Committee recommends that the Network180 Board approve the October 2020, November 2020, December 2020, January 2021, February 2021, and March 2021 Financial Statements.</u>

Moved: Commissioner Ponstein Supported: Ms. Moore-Brown

Motion carried.

E. The management recommends that the Network180 Board approve an increase to the FY 2021 revenue and expenditure budget as presented.

Moved: Commissioner Ponstein Supported: Ms. Rottman

Ms. Rottman presented the motion and was available for questions.

Motion this amendment be tabled brought to the work session on June 21.

Moved: Commissioner Stek Supported: Commissioner Ponstein

Motion carried.

F. Management requests Board amend its contract with Plante Moran Cresa, L.L.C for owner representation services related to the real estate and renovation of Network180's Fuller site. Network180 shall pay Plante Moran Cresa, L.L.C an hourly fee, but the total contract not-to-exceed balance will be increased from \$50,000 to \$85,000, plus actual out of pocket expenses incurred in the performance of the contract.

Moved: Ms. Moore-Brown Supported: Commissioner Ponstein

Ms. Rottman, Mr. Ward and Ms. Ryskamp presented the motion and was available for questions.

Motion carried.

#### V. INFORMATIONAL ITEMS

A. LRE March 2021 Bucket Report

Ms. Rottman reviewed the document and was available for questions.

B. Department of Treasury Deficit Letter & Corrective Action Plan Response

Ms. Rottman reviewed the document that was distributed and was available for questions.

#### VI. HR UPDATE

None

# VII. PUBLIC COMMENT

None

# VIII. ADJOURNMENT

Mr. Oberst adjourned the meeting at 4:59 pm.

# DRAFT

Network180 Board Minutes Location: Virtual June 7, 2021

**Network180 Board Present:** Shellie Cole-Mickens, Caroline Dellenbusch, Tom Dooley,

Emily Helder, Commissioner Melissa LaGrand, John Matias, Nessa McCasey, Donna Moore-Brown Larry Oberst, Commissioner Stan Ponstein, and Commissioner

Stan Stek

Network180 Board Absent: None

**Network180 Non-voting** 

**Board Members Present:** None

**Network180 Non-voting** 

**Board Members Absent:** Samuel Jones and Amanda Rostic

Network180 Staff Present: Clark Bowman, Joan Brown, Ross Buitendorp, Chris

Frederick, Dani Harris, Brenda Holquist, Kristin Kopec, Stacey O'Toole, Amy Rottman, Millie Russell-Emery, Beverly Ryskamp, Regina Salmi, Kristin Spykerman, Jill

Thompson, Bill Ward and Ed Wilson

Others Present: Attendees were not identified as meeting was held virtually

and no sign in was required.

#### I. CALL TO ORDER

Commissioner Stek called the meeting to order at 5:03 pm.

II. ROLL CALL was taken, and a quorum was reached.

#### III. PUBLIC COMMENT

None

IV. APPROVAL OF THE AGENDA with the removal of VII. c.

Moved: Mr. Matias Supported: Ms. Dellenbusch

Motion carried.

#### V. CONSENT AGENDA

#### a. Approval of prior minutes

i. Finance Committee – May 3, 2021

ii. Work Session - May 17, 2021

#### b. Approval of Disbursements

i. April 2021

Moved: Mr. Oberst Supported: Ms. Moore-Brown

Motion carried.

#### VI. CHAIRPERSON'S REPORT

Commissioner Stek states the LRE continues to negotiate with the State of Michigan. No further substantive developments with the state for resolution. The transition at the LRE continues from Beacon and it is progressing well.

Commissioner Stek asked Mr. Ryskamp to give an update on crisis projects.

Ms. Ryskamp states that a secure crisis stabilization unit is being developed and Network180 will collaborate with Mercy Health. The location will be downtown Network180 and Hope Network are partnering for a Peer Respite setting and seeking joint funding. Hope Network is looking for a site for this program currently.

Commissioner Stek acknowledges the staff and Beverly and all of the folks that have worked so diligently on this initiative.

#### VII. FINANCE AND HUMAN RESOURCES COMMITTEE MOTIONS

a. <u>The Finance Committee recommends that the Network180 Board accept the April 2021 financial statements.</u>

Moved: Mr. Oberst Supported: Commissioner Ponstein

Motion carried unanimously by roll call.

b. The Finance Committee recommends that the Network180 Board approve the October 2020, November 2020, December 2020, January 2021, February 2021, and March 2021 Financial Statements.

Moved: Mr. Oberst Supported: Commissioner Ponstein

Motion carried unanimously by roll call.

c. <u>The management recommends that the Network180 Board approve an</u> increase to the FY 2021 revenue and expenditure budget as presented.

Moved: Mr. Oberst Supported: Ms. Helder

Motion carried unanimously by roll call.

#### VIII. EXECUTIVE DIRECTOR'S REPORT

Mr. Ward reviewed his report and was available for questions.

Discussion took place surrounding the proposed bills by Representative Whiteford.

Commissioner Stek would like to bring this back to a future meeting after more clarification takes place.

Mr. Ward suggests that we have Alan Bolter at a meeting to talk about the bills.

#### IX. PUBLIC COMMENT

Mary Marlatt-Dumas from the LRE. Tomorrow there is an advocacy meeting with the CMHA many of the PIHPs and CMHs will be present.

Tracey Hamlet from MOKA – Thanks to Ross for discussing the challenges that the provider network is having difficulty with hiring. She is deeply concerned that the motion to support the provider network was removed from the agenda.

#### X. BOARD COMMENT

Commissioner Ponstein will be gone for the July 12 meeting.

Mr. Dooley appreciates the conversation and update about crisis services.

Commissioner Stek states we will do one more of these hybrid meetings for the June 21 Program Committee and Work Session. Please let us know whether you will be virtual or in person. Starting in July, the county order will expire board members need to be here in person or excused by Commissioner Stek for a medical or service related issue.

#### XI. ADJOURNMENT

Commissioner Stek adjourned the meeting at pm.

WW/bh

A community leader, Network180 connects individuals and their families to services for mental illness, substance use disorders, or developmental disabilities.



**Mission:** Inspiring hope, improving mental health, supporting self-determined lives, and encouraging recovery.

# <u>DRAFT</u>

# **NETWORK180 BOARD MINUTES**

# Monday, June 14, 2021 Executive Committee – 4:00 PM

Virtual Meeting via Microsoft Teams/Conference Call

**Committee Members Present:** Shellie Cole-Mickens, Caroline Dellenbusch, John Matias, Larry Oberst, Commissioner Stan Ponstein, and Commissioner Stan Stek

Committee Members Absent: None

Other Board Members Present: None

**Others Present:** Ross Buitendorp, Michelle Goraj, Amy Rottman, Beverly Ryskamp, Kristin Spykerman, and Bill Ward

#### I. CALL TO ORDER

Commissioner Stek called the meeting to order at 4:01 PM.

#### II. PUBLIC COMMENT

None

#### III. DEI UPDATE

Mr. Ward gave an update on the progress being made with Alchemy Consulting regarding our DEI assessment and was available for questions. Preliminary written documentation by next Thursday.

#### IV. CRISIS SYSTEM UPDATE

Mr. Ward offered an update on the crisis services. Network180 submitted a proposal to the State to include proof of concept. Mr. Ward was available for questions.

#### V. WHITEFORD BILLS

Mr. Ward gave an update on Whiteford Bills and was available for questions.

#### VI. CONSUMER ADVISORY COUNCIL

Mr. Ward gave an update on the Consumer Advisory Council and was available for questions. Consumer Advisory Council to present to the Board at a future meeting to show value.

#### VII. NETWORK STABILIZATION

Mr. Ward gave an update on Network Stabilization and was available for questions.

#### VIII. PUBLIC COMMENT

None

#### IX. BOARD COMMENT

None

#### X. ADJOURNMENT

Commissioner Stek adjourned the meeting at 4:52 pm.

WW/mlg

#### **DRAFT**

# Network180 Emergency Board Minutes Location: Virtual

June 16, 2021

**Network180 Board Present:** Shellie Cole-Mickens, Caroline Dellenbusch, Tom Dooley,

Commissioner Melissa LaGrand, John Matias, Nessa McCasey, Larry Oberst, Commissioner Stan Ponstein, and

Commissioner Stan Stek

**Network180 Board Absent:** Emily Helder and Donna Moore-Brown

**Network180 Non-voting** 

**Board Members Present:** None

**Network180 Non-voting** 

**Board Members Absent:** Samuel Jones and Amanda Rostic

Network180 Staff Present: Clark Bowman, Nicole Browett, Joan Brown, Arielle

Goodson, Michelle Goraj, Stacey O'Toole, Amy Rottman,

Annette Tuitel, and Bill Ward

Others Present: Attendees were not identified as meeting was held virtually

and no sign-in was required.

#### I. CALL TO ORDER

Commissioner Stek called the meeting to order at 10:31 AM.

II. ROLL CALL was taken, and a quorum was reached.

#### III. PUBLIC COMMENT

None

#### IV. MOTION: FY21 BUDGET AMENDMENT 2

a. The management recommends that the Network180 Board approve an increase to the FY 2021 revenue and expenditure budget as presented.

Moved: Commissioner Ponstein Supported: Commissioner LaGrand

Motion carried unanimously by roll call.

#### V. PUBLIC COMMENT

Mary Marlatt-Dumas from the LRE. Appreciate Network180 working with LRE effort to stabilize providers and thank you to Bill Ward for being persistent and for doing what is necessary to support providers in Kent County and to ensure individuals served are receiving best care they can. New CFO at LRE working with CFO at Network180 there is confidence in numbers, the expenditures are good, and there is funding available. Talking to AI at weekly meetings about

crisis point. Turnover at direct care level is always high issue is that there is no hiring pool. Discussed potential certified program for direct care staff as a source of pride and boost morale. State has a list of 18 areas of direct care staff for ways to incentivize staff to work in this system to alleviate worker shortage. Agree not a short-term problem and need to guarantee residential problems are around until a solution can be created.

Linda Kristensen, Parent. Contacted State Legislatures and Senator to visit kids in three different services – CLS, skill building and supported employment. Will report back to Board where money goes in self-determination.

#### VI. BOARD COMMENT

Commissioner Ponstein commented regarding ongoing funding issues for decades. Inquired what Board is doing to get this information out to the public about this crisis. Average person on street does not have any idea regarding the level or magnitude of this problem and it does not hit the media. Michigan Mental Health System has been recognized as one of the best in the nation for decades and has been slowly picked away and taken a different direction. Support standing up and telling our story.

Mr. Ward stated multi-faceted approach as not just a funding problem – but also a workforce, upward mobility and professional problem. Met with Director Hertel and talked about plans as well as longer-termed solutions. Potentially partner with community colleges to show individuals if they work in residential settings, there is path forward if they are able to see there is a path forward. Gaining input from specialized residential CEOs also. This issue will not be solved with finances alone but with re-looking at how care is provided to this vulnerable population.

Mr. Matias asked how compelling we are telling our story – seems as though are shy about stepping on toes when we put our story out there. He feels ashamed that we have not invited the press, told compelling story, followed several families, and really communicate. State of the Union on website and on Kent County website. Primetime for mental health agencies to put forth compelling stories regarding funding and near and short-sightedness. Stated he feels we should have called a press conference to say something about these matters and to share stories and educate.

Commissioner Stek expressed appreciation for accommodation of this emergency board meeting.

Commissioner LaGrand asked Linda Kristensen if she could send schedule to Board Members as she would like to participate in visiting the kids.

#### VII. ADJOURNMENT

Commissioner Stek adjourned the meeting at 10:50 AM.

WW/mlg

#### DRAFT

# MINUTES OF THE

#### **NETWORK180 FINANCE & HUMAN RESOURCES COMMITTEE**

July 12, 2021

LOCATION: Hybrid – Virtual/Eaglecrest Office

**MEMBERS PRESENT:** Emily Helder, Donna Moore-Brown, and Commissioner Stan Stek

OTHER BOARD MEMBERS

**PRESENT:** Caroline Dellenbusch, John Matias, and Nessa McCasey

**MEMBERS ABSENT:** Shellie Cole-Mickens, Tom Dooley, Samuel Jones, Melissa

LaGrand, Larry Oberst, Amanda Rostic, Clyde Sims, Jr.

**NETWORK180 STAFF:** Clark Bowman, Joan Brown, Michelle Goraj, Kristin Kopec, Stacey

O'Toole, Amy Rottman, Millie Russell-Emery, Beverly Ryskamp, Kristin Spykerman, Annette Tuitel, Bill Ward, Susan Webber, and

Ed Wilson

**OTHERS PRESENT:** Attendees were not identified as meeting was held virtually and no

sign in was required.

#### I. CALL TO ORDER

Commissioner Stek called the meeting to order at 4:00 pm.

#### II. PUBLIC COMMENT

None

#### III. APPROVAL OF THE AGENDA

Moved: Ms. Helder Supported: Ms. Moore-Brown

Motion carried.

#### IV. MOTION ITEMS

A. The Finance and Human Resources Committee recommends approval of the meeting minutes for June 7, 2021.

Moved: Ms. Helder Supported: Ms. Moore-Brown

Motion carried.

B. <u>The Finance Committee recommends that the Network180 Board approve May 2021</u> disbursements of \$13,873,532.62.

Moved: Ms. Helder Supported: Ms. Moore-Brown

Motion carried.

C. The Finance Committee recommends that the Network180 Board accept the May 2021

financial statements.

Moved: Ms. Helder Supported: Ms. Moore-Brown

Ms. Rottman presented the financial statements and was available for questions. Motion carried.

D. <u>The Finance Committee recommends that the Network180 Board accept the September 30, 2020, Michigan Department of Health and Human Services Compliance Report.</u>

Moved: Ms. Moore-Brown Supported: Ms. Helder

Motion carried.

#### V. INFORMATIONAL ITEMS

A. LRE April 2021 Bucket Report

Ms. Rottman reviewed the document and was available for questions.

#### VI. HR UPDATE

None

#### VII. PUBLIC COMMENT

None

#### VIII. ADJOURNMENT

Commissioner Stek adjourned the meeting at 4:40 pm.

#### DRAFT

#### Network180 Board Minutes Location: Virtual/In-Person July 12, 2021

**Network180 Board Present:** Shellie Cole-Mickens, Caroline Dellenbusch, Emily Helder,

John Matias, Nessa McCasey, Donna Moore-Brown, and

Commissioner Stan Stek

**Network180 Board Absent:** Tom Dooley, Commissioner Melissa LaGrand, Larry

Oberst, Commissioner Stan Ponstein, and Clyde Sims, Jr.

**Network180 Non-voting** 

**Board Members Present:** Samuel Jones and Amanda Rostic

**Network180 Non-voting** 

Board Members Absent: None

**Network180 Staff Present:** Clark Bowman, Joan Brown, Chris Frederick, Michelle

Goraj, Mark Madrilejo, Stacey O'Toole, Amy Rottman,

Millie Russell-Emery, Beverly Ryskamp, Kristin Spykerman, Annette Tuitel, Bill Ward and Ed Wilson

Others Present: Attendees were not identified as meeting was held virtually

and no sign in was required.

#### I. CALL TO ORDER

Commissioner Stek called the meeting to order at 4:45 pm.

II. ROLL CALL was taken, and a quorum was **not** reached.

#### III. PUBLIC COMMENT

Linda Kristensen – thank you to Melissa LaGrand for visiting some kids at their work sites. There are some issues that will be taken up with Bill Ward.

#### IV. APPROVAL OF THE AGENDA - No Quorum proceed as presented

#### V. CONSENT AGENDA - No Quorum tabled

#### a. Approval of prior minutes

- Finance Committee June 7, 2021
- ii. Board Meeting June 7, 2021
- iii. Executive Committee June 14, 2021
- iv. Special Board Meeting June 16, 2021

#### b. Approval of Disbursements

i. May 2021

#### VI. CHAIRPERSON'S REPORT

#### VII. FINANCE AND HUMAN RESOURCES COMMITTEE MOTIONS – tabled No Quorum

- a. <u>The Finance Committee recommends that the Network180 Board accept the May</u> 2021 financial statements.
- b. The Finance Committee recommends that the Network180 Board accept the September 30, 2020, Michigan Department of Health and Human Services Compliance Report.

#### VIII. EXECUTIVE DIRECTOR'S REPORT

Mr. Ward reviewed his report and was available for questions.

#### IX. PUBLIC COMMENT

None.

#### X. BOARD COMMENT

Ms. Helder inquired as to how unfilled FTE vacancies are affecting Network180's service delivery.

Mr. Ward states it was ok, but it is a longer-term issue to address. It will take investment in the network. HR has been creative. We had a virtual job fair that was well received.

Commissioner Stek suggested contacting Jacob Moss at West Michigan Works for ideas.

#### XI. ADJOURNMENT

Commissioner Stek adjourned the meeting at 5:10 pm.

WW/mg

FINANCE & HUMAN RESOURCES COMMITTEE ACTION REQUEST **SUBJECT:** MEETING DATE:

**PREPARED BY:** 

May 31, 2021 Disbursements

July 12, 2021

Joan Brown, Finance Director

#### **RECOMMENDED MOTION:**

The Finance Committee recommends that the Network180 Board approve the May 2021 disbursements of \$13,873,532.62

#### **SUMMARY OF REQUEST/INFORMATION:**

<u>Vendor Name</u>	<u>Amount</u>
SALARIES & WAGES	1,457,068.78
HOPE NETWORK BEHAVIORAL	891,711.62
PINE REST CHRISTIAN MH SERVICE	851,881.46
CENTRIA HEALTHCARE LLC	774,683.23
THRESHOLDS	629,222.04
HOPE NETWORK WEST MICHIGAN	621,730.48
BHT&D-GUSCO MONEY MGMNT LLC	517,620.11
CHERRY STREET SERVICES INC	513,160.31
FLATROCK MANOR, INC.	509,754.81
ARBOR CIRCLE CORPORATION	502,826.72
MOKA CORPORATION	335,352.65
TURNING LEAF RESIDENTIAL	329,889.15
FOREST VIEW PSYCHIATRIC HOSPITAL, INC	324,311.94
WESTERN MI HEALTH INSURANCE POOL	303,242.95
INTERACT OF MICHIGAN INC	271,083.99
D A BLODGETT FOR CHILDREN	265,201.22
SAINT MARY'S MERCY MEDICAL CTR	264,450.00
SPECTRUM COMMUNITY SERVICES	264,081.71
GUARDIANTRAC, LLC	247,646.85
ARTHUR J GALLAGHER RISK	243,310.00
FAMILY OUTREACH CENTER	231,839.08
POSITIVE BEHAVIOR SUPPORTS CORPORATION	218,461.08

STATE OF MICHIGAN-DEPT OF HEALTH & HUMAN SERVICES	186,068.02
WEDGWOOD CHRISTIAN SERVICES	154,908.87
BRAINTRUST BEHAVIORAL HLTH LLC	137,524.15
TURNING POINT PROGRAMS	132,583.57
ACORN HEALTH OF MICHIGAN, LLC	130,960.18
DAVID'S HOUSE MINISTRIES	95,114.01
DEVELOPMENTAL ENHANCEMENT PLC	91,728.45
BEACON SPECIALIZED LIVING SERVICES	90,281.70
LOCUMTENENS HOLDINGS, LLC	81,851.53
MUNICIPAL EMPLOYEES RETIREMENT	75,153.40
HAVENWYCK HOSPITAL	75,094.53
MERAKEY MIDWEST	70,655.61
OTTAGAN ADDICTIONS RECOVERY	63,803.90
BCA OF DETROIT LLC	63,712.50
SPARKS BEHAVIORAL SERVICES LLC	59,920.00
FRINGES	51,008.07
SAKSHAUG GROUP HOME LLC	47,894.81
WALLOON LAKE RECOVERY LODGE, LLC	44,114.43
BRIGHTSIDE LIVING LLC	43,169.69
EASTER SEALS MICHIGAN INC	43,012.28
TAYLOR, THURMAN J	42,407.46
ETCH	41,687.04
INDIAN TRAILS CAMP INC	40,951.39
REHMANN LLC	37,971.50
PETER CHANG ENTERPRISES, INC	37,627.61
JACQUELYN FAYLESE WILLIAMS	35,632.86
MICHAEL CHAFFEE	35,610.26
CENTER FOR AUTISM AND RELATED DISORDERS, LLC	35,527.50
EAGLE NUMBER TWO, LLC	35,117.98

OUR HOPE ASSOCIATION	32,979.42
CLUTCH SOLUTIONS LLC	30,586.40
GRAND RAPIDS RED PROJECT	29,153.29
CRC RECOVERY, INC	28,491.80
TRIVALENT GROUP	27,923.51
COMPREHENSIVE PROF SERV INC	27,819.28
COMMUNITY LIVING SERVICES, INC	27,281.40
ARTHUR, MARLENE	26,450.65
CONSULT2.CLOUD	23,809.53
REAL LIFE LIVING SERVICES	23,375.10
FISHBECK THOMPSON CARR & HUBER INC	23,006.70
QUALITY AIR HEATING & COOLING, INC	21,444.66
UNLIMITED ALTERNATIVES	20,015.47
RODRIGUEZ, SHERRY	19,994.96
HEALTHSOURCE SAGINAW	19,890.17
ENRICHED LIVING	19,600.50
MERCY HEALTH PARTNERS	19,560.00
ZAWADI USA LLC	19,531.20
BALLA, SABRI	19,437.64
DELTA DENTAL PLAN OF MICH	19,418.71
DIGNIFIED CARE LLC	19,326.55
BETHANY CHRISTIAN SERVICES	18,969.89
RELIANCE COMM CARE PARTNERS	18,818.05
HARBOR HOUSE MINISTRIES	18,737.26
PURDY, LAURA L	17,286.28
IRIS TELEHEALTH MEDICAL GROUP, PA	16,867.00
MEDENDORP, WILLIAM	16,500.00
BOSHNJAKU, NAILE	16,429.98
WILSON & WYNN INTERVENTIONS, PLC	16,182.17

MAXIM HEALTHCARE SERVICES HOLDING, INC	15,517.44
DUHADWAY KENDALL & ASSOCIATES, INC.	15,369.28
VISA CREDIT CARD	15,190.34
MADISON NATIONAL LIFE INSURANCE COMPANY, INC	15,180.47
VISEL AFC INC	14,491.77
KLECK, CONNALEE	14,409.49
WOODCOCK, JENNIA MARI	14,107.31
EXTENDED CARE AT RAMSDELL	13,831.95
CARIN HANDS 2 LLC	13,737.57
AT&T MOBILITY II LLC	13,261.28
MCDONALD HOPKINS LLC	13,205.60
HOPE DISCOVERY ABA SERVICES, LLC	12,446.81
GOODWILL INDUSTRIES OF GREATER GRAND RAPIDS	12,214.09
IDA MAE'S GROUP HOMES LLC	11,774.33
WAGNER, FRANCES	10,862.39
WEST MICHIGAN PARTNERSHIP FOR CHILDREN	10,500.00
SWANBERG AFC INC	10,220.86
209 VENDOR PAYMENTS BELOW \$10,000 EACH	358,700.59
TOTAL DISBURSEMENTS	13,873,532.62

I affirm that all payments identified in the monthly summary above are for previously appropriated amounts.

**STAFF:** Joan Brown, Finance Director

**DATE:** June 15, 2021

#### Network180 Finance Committee

FINANCE & HUMAN RESOURCES COMMITTEE

SUBJECT: MEETING May 31, 2021 Financial Statements

July 12, 2021

DATE:

**PREPARED BY:** 

Amy Rottman, Chief Financial Officer

Significant revenue and expense variances that exceed \$100,000 and 5% of line item budget at the end of May 2021 are explained as follows:

#### **REVENUE**

Autism Revenue: Under budget by \$3,633,468 or 12%

Autism services have been lower than anticipated due to precautions taken by clients during the pandemic. In March of 2021, we noted that this trend is changing, as the number of clients served, and the units received per person is increasing significantly. We expect that as services increase, the actual expenditures will more closely align with the budget.

Grant Revenue: Under budget by \$939,300 or 11%

CCBHC Direct Service Programs
SOR FY 2020 Carryforward (LRE Pass through)
SUD Block Grant (LRE Pass through)

Ame	2021 May 31, 2021 Actual				Difference			
\$	540,000 324,635	\$	270,660 104,146	\$	(269,340) (220,489)			
	2,162,688		1,783,212		(379,476)			
\$	3,027,323	\$	2,158,018	\$	(869,305)			

#### **EXPENDITURES**

o **Provider Network:** Under budget by \$4,303,746 or 3%

Spending is below anticipated through May 2021, but with the approval of residential stabilization funding starting June 1, we expect expenditures to trend upward toward the expected budget.

- o Direct run: Under budget by \$499,548 or 3%
  - An budget adjustment was made for the open position the first six months of the year. However, there are still 22 FTE positions open. The Integrated Case Management programs account for 7.0 FTEs, Supports Coordination 3.0 FTEs, Crisis Services 3.0 FTEs, and Med Clinic 3.0 FTEs.
- Grant expenditures: Under budget by \$1,100,496 or 13%
  - See explanations in the grant revenue section above.
- Earned Contracts: Over budget by \$123,828 or 11%

This is due to the addition of the HOT team contract with the City of Grand Rapids. A budget amendment is proposed to include HOT team expenditures and revenue. We expect expenditures to trend downward toward the expected budget.

# Network180 Finance Committee

0	Во	oard Administration & Access Center: Under budget by \$550,535 or 4%	
	0	An budget adjustment was made for the open position the first six months of 11.66 FTE positions open.	of the year. However, there are still
ST/	AFF:	F: Amy Rottman, Chief Financial Officer	<u>TE:</u> July 6, 2021

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# **Statement of Revenues and Expenses**

For the 8 Months Ended May 31, 2021

	FY2021							
	Annual Budget	YTD Budget	YTD Actual	YTD Surplus (Deficit)				
Revenues:								
Medicaid	\$ 123,988,498	\$ 82,658,997	\$ 80,849,751	\$ (1,809,246)				
Healthy Michigan	19,943,605	13,295,737	14,209,541	913,804				
General fund	6,656,887	4,437,925	4,437,923	(2)				
Autism benefit	26,941,093	17,960,729	14,327,261	(3,633,468)				
Grants	8,286,010	5,524,007	4,584,707	(939,300)				
Local	6,146,269	4,097,513	3,897,765	(199,748)				
	191,962,362	127,974,908	122,306,948	(5,667,960)				
Expenses:								
Provider network service costs	150,222,613	100,148,409	95,844,663	(4,303,746)				
Direct run services	15,545,474	10,363,649	9,864,101	(499,548)				
Grants	8,463,511	5,642,340	4,541,844	(1,100,496)				
Earned contracts	1,146,497	764,332	888,160	123,828				
Board administration and access center	15,415,234	10,276,822	9,726,287	(550,535)				
Total expenses	190,793,329	127,195,552	120,865,055	(6,330,497)				
Increase (decrease) in net position	1,169,033	779,356	1,441,893	662,537				
Total net position (beginning of year)	4,099,340	4,099,340	4,099,340					
Total net position (end of period)	\$ 5,268,373	\$ 4,878,696	\$ 5,541,233	\$ 662,537				

# **Statement of Revenues and Expenses**

For the 8 Months Ended May 31, 2021

	YTD FY 2021 Actual	YTD FY 2020 Actual	Difference
Revenues:			
Medicaid	\$ 80,849,751	\$ 70,816,478	\$ 10,033,273
Healthy Michigan	14,209,541	11,405,653	2,803,888
General fund	4,437,923	4,246,305	191,618
Autism benefit	14,327,261	12,955,151	1,372,110
Grants	4,584,707	5,129,492	(544,785)
Local	3,897,765	3,877,885	19,880
	122,306,948	108,430,964	13,875,984
Expenses:			
Service provision	105,708,764	93,663,261	12,045,503
Grants	4,541,844	5,314,355	(772,511)
Earned contracts	888,160	630,000	258,160
Board administration and access center	9,726,287	8,991,110	735,177
Total expenses	120,865,055	108,598,726	12,266,329
Increase (decrease) in net position	1,441,893	(167,762)	1,609,655
Total net position (beginning of year)	4,099,340	4,652,720	553,380
Total net position (end of period)	\$ 5,541,233	\$ 4,484,958	\$ 2,163,035

# **Statement of Net Position**

May 31, 2021

	FY 2021	FY 2020
Assets:		
Cash and investments	\$ 33,771,895	\$ 13,537,391
Due from Lakeshore Regional Partners	(19,441)	6,955,568
All other assets	7,767,777	7,791,658
Total assets	 41,520,231	 28,284,617
Deferred outflows of resources:		
Pension related items	1,239,715	2,853,907
OPEB related items	45,753	55,523
Total deferred outflows of resources	1,285,468	 2,909,430
Total assets and deferred outflows of resources	\$ 42,805,699	\$ 31,194,047
Liabilities:		
Due to Lakeshore Regional Entity	\$ 8,080,411	\$ 353,795
All other liabilities	28,846,902	 25,943,771
Total liabilities	36,927,313	26,297,566
Deferred inflows of resources:		
Pension related items	-	175,405
OPEB related items	337,153	236,118
Total deferred inflows of resources	337,153	411,523
Net position:		
Investment in capital assets	4,313,654	4,022,981
Unrestricted	1,227,579	461,977
Total net position	5,541,233	4,484,958
Total liabilities and net position	\$ 42,805,699	\$ 31,194,047

# Network180 FY2021 Summary Bucket Report for the LRE as of May 31, 2021

Revenue Expense	Medicaid-MH 78,363,023 78,013,074	Medicaid-SUD 2,626,917 2,138,844	Healthy MI-MH 10,404,279 10,864,975	Healthy MI-SUD 6,347,532 3,344,566	Autism 20,519,968 14,327,261	<u>SED Waiver</u> 305,898 411,177	<u>Childrens Waiver</u> 1,021,082 286,656	General Fund 4,437,923 3,479,382	Local Revenue & Earned Contracts 3,897,765 3,345,184	<u>Grants</u> 2,195,749 2,264,978	SUD 2,388,958 2,388,958	<u>Total</u> 132,509,094 120,865,055
Difference Due from LRE	349,949 (349,949)	488,073 (488,073)	(460,696) 460,696	3,002,966 (3,002,966)	6,192,707 (6,192,707)	(105,279) 105,279	734,426 (734,426)	958,541 -	552,581 -	(69,229) -		11,644,039 (10,202,146)
Variance Redirects		-	-	-	-	-	-	958,541 -	552,581 (69,229)	(69,229) 69,229	-	1,441,893
Total Variance	-	-	-	-	-	-	-	958,541	483,352	-	-	1,441,893
PROJECTION:									Local Revenue &			
LRE Revenue projection Expense	Medicaid-MH 117,650,260 118,104,709	Medicaid-SUD 3,828,239 3,259,794	Healthy MI-MH 14,378,300 16,378,950	Healthy MI-SUD 8,377,762 5,045,528	Autism 27,467,805 22,890,892	<u>SED Waiver</u> 442,900 719,849	<u>Childrens Waiver</u> 1,495,662 432,134	General Fund 6,656,887 6,245,168	Earned Contracts 5,042,865 5,042,865	<u>Grants</u> 4,847,838 4,847,838	<u>SUD</u> 3,615,673 3,615,673	<u>Total</u> 193,804,191 186,583,400
Difference	(454,449)	568,444	(2,000,650)	3,332,234	4,576,913	(276,949)	1,063,528	411,719	-	-		7,220,791
Due from (to) LRE Total N180 Net Position Impact	454,449 -	(568,444)	2,000,650	(3,332,234)	(4,576,913)	276,949 -	(1,063,528)	- 411,719			-	(6,809,072) 411,719

FINANCE & HUMAN RESOURCES COMMITTEE ACTION REQUEST

SUBJECT: MEETING DATE:

PREPARED BY:

FY 2020 Compliance Report

July 12, 2021

Amy Rottman, Chief Financial Officer

#### **RECOMMENDED MOTION:**

The Finance Committee recommends that the Network180 Board accept the September 30, 2020 Michigan Department of Health and Human Services Compliance Report.

#### **SUMMARY OF INFORMATION:**

- 1) The CMH Compliance Examination is required by MDHHS and is outlined by written guidelines. An independent auditor must examine compliance issues related to contracts between PIHP's and CMHSP's to manage Medicaid, Healthy Michigan and SUD Block Grant programs.
- 2) The Compliance Examination Guidelines outline the following compliance areas:
  - a. FSR Reporting
  - b. CRCS Reporting
  - c. Real Property Disposition
  - d. Administrative Cost Report
  - e. Procurement
  - f. Rate setting and ability to pay
  - g. ISF (PIHP only)
  - h. Medicaid savings and General fund carryforward
  - i. Match requirement
  - j. Fee for service billings
  - k. CMH Block Grant
  - I. SUD Block Grant
- 3) The issued Michigan Department of Health and Human Services Compliance Report for Network180 as of September 30, 2020 had no findings or guestioned costs.

**STAFF:** Amy Rottman, Chief Financial Officer **DATE:** July 6, 2021

**FINANCE & HUMAN RESOURCES** COMMITTEE **ACTION REQUEST** 

**SUBJECT: MEETING DATE:** 

**PREPARED BY:** 

June 30, 2021 Disbursements

August 2, 2021

Joan Brown, Finance Director

#### **RECOMMENDED MOTION:**

The Finance Committee recommends that the Network180 Board approve the June 2021 disbursements of \$13,836,010.62.

#### **SUMMARY OF REQUEST/INFORMATION:**

<u>Vendor Name</u>	<u>Amount</u>
SALARIES & WAGES	1,514,455.35
PINE REST CHRISTIAN MH SERVICE	1,240,293.92
HOPE NETWORK BEHAVIORAL	975,128.65
SPECTRUM COMMUNITY SERVICES	876,878.84
HOPE NETWORK WEST MICHIGAN	794,468.60
CENTRIA HEALTHCARE LLC	622,628.02
ARBOR CIRCLE CORPORATION	608,470.85
THRESHOLDS	593,158.50
MOKA CORPORATION	579,915.04
BHT&D-GUSCO MONEY MGMNT LLC	530,977.20
INTERACT OF MICHIGAN INC	342,764.10
CHERRY STREET SERVICES INC	333,208.36
FAMILY OUTREACH CENTER	333,130.59
WESTERN MI HEALTH INSURANCE POOL	316,793.26
D A BLODGETT FOR CHILDREN	223,711.06
GUARDIANTRAC, LLC	218,964.08
FOREST VIEW PSYCHIATRIC HOSPITAL, INC	213,282.46
MCGRAW CONSTRUCTION INC.	205,913.70
POSITIVE BEHAVIOR SUPPORTS CORPORATION	158,770.47
BRAINTRUST BEHAVIORAL HLTH LLC	144,744.25
ACORN HEALTH OF MICHIGAN, LLC	134,642.25
SAINT MARY'S MERCY MEDICAL CTR	133,718.00
5	

TURNING LEAF RESIDENTIAL	124,075.09
WEDGWOOD CHRISTIAN SERVICES	122,620.66
BEACON SPECIALIZED LIVING SERVICES	119,091.57
FULL CIRCLE CARE	106,143.02
STATE OF MICHIGAN-DEPT OF HEALTH & HUMAN SERVICES	93,898.71
TURNING POINT PROGRAMS	70,580.11
DEVELOPMENTAL ENHANCEMENT PLC	69,802.62
SELECT IMAGING LLC	66,516.00
MUNICIPAL EMPLOYEES RETIREMENT	65,367.43
HAVENWYCK HOSPITAL	64,769.00
OTTAGAN ADDICTIONS RECOVERY	57,248.16
FRINGES	52,802.29
SPARKS BEHAVIORAL SERVICES LLC	51,020.00
WALLOON LAKE RECOVERY LODGE, LLC	45,847.59
EASTER SEALS MICHIGAN INC	45,297.98
COMPREHENSIVE PROF SERV INC	41,671.04
ETCH	40,660.58
BENJAMIN'S HOPE	39,405.78
VISA CREDIT CARD	38,485.31
EAGLE NUMBER TWO, LLC	38,378.22
LA BENEDICTION CO LLC	37,855.50
PETER CHANG ENTERPRISES, INC	37,634.00
SAKSHAUG GROUP HOME LLC	37,633.58
MERAKEY MIDWEST	37,422.28
BRIGHTSIDE LIVING LLC	37,141.65
REHMANN LLC	37,036.50
INDIAN TRAILS CAMP INC	36,140.90
JACQUELYN FAYLESE WILLIAMS	33,740.73
FLATROCK MANOR, INC.	33,548.44

CENTER FOR AUTISM AND RELATED DISORDERS, LLC	32,847.50
OUR HOPE ASSOCIATION	29,555.37
LOCUMTENENS HOLDINGS, LLC	29,460.39
MERCY HEALTH PARTNERS	28,946.00
WRIKE, INC.	28,656.00
CLUTCH SOLUTIONS LLC	27,553.16
MICHAEL CHAFFEE	26,754.00
COMMUNITY LIVING SERVICES, INC	26,645.52
RELIANCE COMM CARE PARTNERS	25,744.85
TRIVALENT GROUP	25,260.28
BCA OF DETROIT LLC	24,787.00
CRC RECOVERY, INC	23,850.15
NEW HOPE GROUP LLC	23,639.98
CONSULT2.CLOUD	23,507.72
BETHANY CHRISTIAN SERVICES	22,376.98
UNLIMITED ALTERNATIVES	21,958.83
REAL LIFE LIVING SERVICES	20,812.05
TRINITY 30/60/100	20,542.08
DELTA DENTAL PLAN OF MICH	20,114.27
HARBOR HOUSE MINISTRIES	18,308.09
RODRIGUEZ, SHERRY	17,167.14
WILSON & WYNN INTERVENTIONS, PLC	17,057.76
MAXIM HEALTHCARE SERVICES HOLDING, INC	16,203.17
IRIS TELEHEALTH MEDICAL GROUP, PA	16,160.00
MADISON NATIONAL LIFE INSURANCE COMPANY, INC	15,636.60
DAVID'S HOUSE MINISTRIES	15,559.24
DUHADWAY KENDALL & ASSOCIATES, INC.	15,348.02
HANSMA, STEPHANIE	14,885.94
HOPE DISCOVERY ABA SERVICES, LLC	13,049.46

RHOADES MCKEE PC	12,360.26
HOLLAND COMMUNITY HOSPITAL	10,751.00
ENRICHED LIVING	10,672.20
CEDAR SANDS	10,614.60
COVENANT ENABLING RESIDENCES	10,564.67
JASON MURIITHI	10,542.00
ALTARUM INSTITUTE	10,300.00
214 vendor payments below \$10,000 each	339,966.05
TOTAL DISBURSEMENTS	\$13,836,010.62

I affirm that all payments identified in the monthly summary above are for previously appropriated amounts.

**STAFF:** Joan Brown, Finance Director

**DATE:** July 22, 2021

#### Network180 Finance Committee

FINANCE & HUMAN RESOURCES COMMITTEE

SUBJECT: MEETING June 30, 2021 Financial Statements

August 2, 2021

DATE:

**PREPARED BY:** 

Amy Rottman, Chief Financial Officer

Significant revenue and expense variances that exceed \$100,000 and 5% of line item budget at the end of June 2021 are explained as follows:

#### **REVENUE**

Autism Revenue: Under budget by \$4,209,670 or 16%

Autism services have been lower than anticipated due to precautions taken by clients during the pandemic. In March of 2021, we noted that this trend is changing, as the number of clients served, and the units received per person is increasing significantly. We expect that as services increase, the actual expenditures will more closely align with the budget.

o Grant Revenue: Under budget by \$1,244,416 or 15%

CCBHC Direct Service Programs
SOR FY 2020 Carryforward (LRE Pass through)
SUD Block Grant (LRE Pass through)

2021 Amended Budget	June 30, 2021 Actual		Difference
607.500		256.020	(250.664)
607,500		356,839	(250,661)
365,215		172,489	(192,726)
 2,433,024		1,876,156	(556,868)
\$ 5,990,453	\$	4,970,092	\$ (1,020,361)

#### **EXPENDITURES**

- o **Direct run:** Under budget by \$712,690 or 3%
  - A budget adjustment was made for the open position the first six months of the year. However, there are still 24 FTE positions open. The Integrated Case Management programs account for 7.0 FTEs, Supports Coordination 5.0 FTEs, Crisis Services 4.0 FTEs, and Med Clinic 3.0 FTEs.
- o **Grant expenditures:** Under budget by \$1,428,536 or 17%
  - See explanations in the grant revenue section above.
- o **Earned Contracts:** Over budget by \$413,657 or 36%

This is due to an adjustment to recognize the local Family Engagement Contribution revenue and expense. A budget amendment will be brought to the Board in September to adjust for this change.

- Board Administration & Access Center: Under budget by \$710,678 or 5%
  - An budget adjustment was made for the open position the first six months of the year. However, there are still
     11.66 FTE positions open.

**STAFF:** Amy Rottman, Chief Financial Officer

**DATE:** July 29, 2021

### **Statement of Net Position**

June 30, 2021

	FY 2021		FY 2020	
Assets: Cash and investments Due from Lakeshore Regional Partners	\$	27,934,824	\$	10,928,689 8,875,821
All other assets		7,533,244		8,061,822
Total assets		35,468,068		27,866,332
Deferred outflows of resources:				
Pension related items		1,239,715		2,853,907
OPEB related items		45,753		55,523
Total deferred outflows of resources		1,285,468		2,909,430
Total assets and deferred outflows of resources	\$	36,753,536	\$	30,775,762
Liabilities:				
Due to Lakeshore Regional Entity	\$	653,726	\$	29,785
All other liabilities		30,049,890		25,373,059
Total liabilities		30,703,616		25,402,844
Deferred inflows of resources:				
Pension related items		-		175,405
OPEB related items		337,153		236,118
Total deferred inflows of resources		337,153		411,523
Net position:				
Investment in capital assets		4,425,778		4,512,233
Unrestricted		1,286,989		449,162
Total net position		5,712,767		4,961,395
Total liabilities and net position	\$	36,753,536	\$	30,775,762

# Statement of Revenues and Expenses For the 9 Months Ended June 30, 2021

	FY2021				
		YTD Surplus			
	Annual Budget	YTD Budget	YTD Actual	(Deficit)	
Revenues:					
Medicaid	\$ 123,988,498	\$ 92,991,372	\$ 91,583,875	\$ (1,407,497)	
Healthy Michigan	19,943,605	14,957,704	15,773,231	815,527	
General fund	6,656,887	4,992,665	4,992,664	(1)	
Autism benefit	26,941,093	20,205,820	15,996,150	(4,209,670)	
Grants	8,286,010	6,214,507	4,970,091	(1,244,416)	
Local	6,146,269	4,609,702	4,265,521	(344,181)	
	191,962,362	143,971,770	137,581,532	(6,390,238)	
Expenses:					
Provider network service costs	150,222,613	112,666,960	107,978,316	(4,688,644)	
Direct run services	15,545,474	11,659,105	10,946,415	(712,690)	
Grants	8,463,511	6,347,633	4,919,097	(1,428,536)	
Earned contracts	1,146,497	859,873	1,273,530	413,657	
Board administration and access center	15,415,234	11,561,425	10,850,747	(710,678)	
Total expenses	190,793,329	143,094,996	135,968,105	(7,126,891)	
Increase (decrease) in net position	1,169,033	876,774	1,613,427	736,653	
Total net position (beginning of year)	4,099,340	4,099,340	4,099,340		
Total net position (end of period)	\$ 5,268,373	\$ 4,976,114	\$ 5,712,767	\$ 736,653	

# Statement of Revenues and Expenses For the 9 Months Ended June 30, 2021

	YTD FY 2021	YTD FY 2020	
	Actual	Actual	Difference
Revenues:			
Medicaid	\$ 91,583,875	\$ 79,110,079	\$ 12,473,796
Healthy Michigan	15,773,231	12,215,485	3,557,746
General fund	4,992,664	4,691,541	301,123
Autism benefit	15,996,150	14,238,312	1,757,838
Grants	4,970,091	5,707,323	(737,232)
Local	4,265,521	4,293,389	(27,868)
	137,581,532	120,256,129	17,325,403
Expenses:			
Service provision	118,924,731	103,868,690	15,056,041
Grants	4,919,097	5,831,134	(912,037)
Earned contracts	1,273,530	733,185	540,345
Board administration and access center	10,850,747	9,514,445	1,336,302
Total expenses	135,968,105	119,947,454	16,020,651
Increase (decrease) in net position	1,613,427	308,675	1,304,752
Total net position (beginning of year)	4,099,340	4,652,720	553,380
Total net position (end of period)	\$ 5,712,767	\$ 4,961,395	\$ 1,858,132

# Network180 FY2021 Summary Bucket Report for the LRE as of June 30, 2021

Revenue Expense	Medicaid-MH 88,026,785 88,519,726	Medicaid-SUD 2,957,413 2,276,675	Healthy MI-MH 11,197,720 12,141,422	Healthy MI-SUD 7,648,067 3,631,809	<u>Autism</u> 23,084,964 15,996,150	SED Waiver 344,135 461,125	Childrens Waiver 1,148,717 326,349	General Fund 4,992,664 3,752,236	Local Revenue & Earned Contracts 4,265,521 3,788,425	<u>Grants</u> 2,391,574 2,495,671	<u>SUD</u> 2,578,517 2,578,517	<u>Total</u> 148,636,077 135,968,105
Difference Due from LRE	(492,941) 492,941	680,738 (680,738)	(943,702) 943,702	4,016,258 (4,016,258)	7,088,814 (7,088,814)	(116,990) 116,990	822,368 (822,368)	1,240,428	477,096 -	(104,097)	<u>.</u>	12,667,972 (11,054,545)
Variance Redirects		-	-	-	-	-	-	1,240,428	477,096 (104,097)	(104,097) 104,097	-	1,613,427
Total Variance	-	-	-	-	-	-	-	1,240,428	372,999	-	-	1,613,427
PROJECTION:									Local Revenue &			
	Medicaid-MH	Medicaid-SUD	Healthy MI-MH	Healthy MI-SUD	<u>Autism</u>	SED Waiver	Childrens Waiver	General Fund	Earned Contracts	Grants	SUD	<u>Total</u>
LRE Revenue projection	116,613,565	3,818,457	14,441,799	8,415,626	27,461,230	494,628	1,495,598	6,656,887	5,042,865	4,847,838	3,615,673	192,904,166
Expense	120,150,899	3,082,437	16,249,270	4,864,166	22,728,200	717,139	436,764	6,021,743	5,042,865	4,847,838	3,615,673	187,756,994
Difference	(3,537,334)	736,020	(1,807,471)	3,551,460	4,733,030	(222,511)	1,058,835	635,144	-	-		5,147,172
Due from (to) LRE Total N180 Net Position Impact	3,537,334	(736,020)	1,807,471 -	(3,551,460)	(4,733,030) -	222,511	(1,058,835)	- 635,144		-	-	(4,512,028) 635,144



### FY2021 Bucket Report - Full Year Projections Net Position By Member, By Fund Source

Mental Health (MH)				Substance Use Disorder (SUD)					MH & SUD						
Time Period	Allegan	Healthwest	Network180	Ottawa	West MI	LRE & MCO Admin	Total	Allegan	Healthwest	Network180	Ottawa	West MI	LRE & MCO Admin	Total	Total
Oct - May															
Net Med: 1115/HSW/CW/SED	330,333	6,946,316	(1,914,160)	3,408,603	(649,155)	(313,035)	7,808,903	118,683	188,430	580,950	451,843	45,061	140,724	1,525,691	9,334,593
Net Med: HealthyMI	(229,473)	992,016	(460,696)	1,380,463	374,435	(351,262)	1,705,483	299,769	1,240,053	3,002,966	408,786	412,549	183,273	5,547,396	7,252,879
Net Autism	(10,232)	321,281	6,192,707	1,223,274	164,542	9,091	7,900,663	-	-	-	-	-	-	-	7,900,663
Net General Fund	389,889	826,658	958,541	1,007,749	153,584	-	3,336,420	-	-	-	-	-	-	-	3,336,420
Net Block Grant	-	-	-	-	-	(8,814)	(8,814)	-	(250,220)	-	-	-	85,025	(165,196)	(174,010)
Net PA2	-	-	-	-	-	-	-	-	(7,310)	-	(42,660)	-	-	(49,970)	(49,970)
Net ISF Projection	787,647	1,884,240	4,646,774	1,225,684	655,775	-	9,200,121	62,401	171,304	406,493	103,747	59,264	-	803,208	10,003,329
Subtotal	1,268,164	10,970,511	9,423,166	8,245,774	699,181	(664,020)	29,942,776	480,853	1,342,256	3,990,408	921,716	516,874	409,022	7,661,129	37,603,904
May Full Year Projection															
Net Med: 1115/HSW/CW/SED	1,076,506	10,940,071	6,285,202	3,583,396	(66,078)	-	21,819,097	163,201	342,279	697,978	505,550	42,853	-	1,751,860	23,570,957
Net Med: DCW Lapse	(710,716)	(2,124,178)	(4,113,555)	(1,396,779)	(1,225,285)	-	(9,570,514)	-	-	-	-	-	-	-	(9,570,514)
Net Med: HealthyMI	(239,553)	1,649,644	(1,937,151)	1,211,564	260,647	-	945,151	435,953	1,814,096	3,370,098	1,066,588	463,101	-	7,149,836	8,094,987
Net Autism	200,478	73,045	4,570,339	1,356,407	119,867	-	6,320,136	-	-	-	-	-	-	-	6,320,136
Net General Fund	584,833	(77,980)	411,719	-	-	-	918,572	-	-	-	-	-	-	-	918,572
Net Block Grant	-	-	-	-	-	-	-	-	85,263	-	-	69,968	-	155,231	155,231
Net PA2	-	-	-	-	-	-	-	-	117,978	-	-	80,564	-	198,542	198,542
Net ISF Projection	2,827,517	6,722,283	16,356,811	4,409,652	2,324,342	-	32,640,605	214,648	587,705	1,400,324	359,871	204,424	-	2,766,972	35,407,577
Total	3,739,066	17,182,885	21,573,364	9,164,240	1,413,492	_	53,073,047	813,802	2,947,320	5,468,400	1,932,009	860,909	-	12,022,441	65,095,488
Risk	326,715	10,538,582	4,804,835	4,754,588	(910,849)	-	19,513,871	599,154	2,156,375	4,068,076	1,572,138	505,954	-	8,901,696	28,415,567
%of Budget	1.15%	16.51%	2.99%	11.12%	-4.37%	0.00%	6.05%	31.97%	41.90%	33.25%	50.49%	28.31%	0.00%	35.22%	<u>PENDING</u>

FY Changes in Projected N	Aed/HMP Spending				
	April 2021 MH	May 2021 MH	Difference	%of Budget	FY20 Spend
Allegan	27,088,178	27,467,321	379,143	1.33%	24,939,541
Healthwest	47,556,665	46,344,804	(1,211,861)	-2.05%	55,125,841
N180	150,387,291	151,588,430	1,201,140	0.75%	139,484,202
Ottawa	36,071,382	36,613,770	542,388	1.27%	36,006,249
West MI	20,539,776	20,527,178	(12,598)	-0.06%	17,637,237
LRE & Beacon	10,969,861	10,969,861	=	0.00%	11,809,258
	292,613,153	293,511,364	898,212		285,002,328
	April 2021 SUD	May 2021 SUD	Difference	%of Budget	FY20 Spend
Allegan	1,216,854	1,275,098	58,244	3.11%	899,734
Healthwest	2,660,119	2,990,667	330,547	6.42%	4,623,426
N180	8,162,893	8,166,007	3,114	0.03%	6,248,337
Ottawa	1,541,022	1,541,803	781	0.03%	1,569,919
West MI	1,268,780	1,281,378	12,598	0.70%	1,614,656
LRE & Beacon			6.722	0.000/	774 553
LKE & Beacon	1,107,888	1,114,620	6,732	0.60%	774,553

Total Medicaid Surplus/(Deficit) Projection (Med 1115/HSW/CW/SED + Autism)	20,320,580	
Actual FY20 ISF Contribution	2,420,925	
Budgeted FY21 ISF Contribution	35,733,826	
Total Reserves:	38,154,751	
Projected Medicaid ISF/Reserves At Year End:	58,475,331	
Healthy Michigan Plan Surplus/(Deficit) Projection	8,094,987	
Projected MDHHS Performance Bonus	2,419,516	
Projected Reserve Total At Year End:		



# Executive Director – BOARD REPORT William J. Ward, August 2021

### COVID-19

On July 27, 2021, Kent County saw 34 new cases of Covid-19, the seven-day average is up to 24 cases per day. If one compares the seven-day average against last month's report on the seven-day average of 10 the trend is showing a slight uptick in community spread. Network180 will continue to monitor this trend although it is a slight uptick the trend is headed in the wrong direction as the new Delta variant spreads across the United States. Vaccination rates for Kent County has moved up to 62% from 61% of all eligible persons partially vaccinated is up from 55% to 64% of the population fully vaccinated. Approximately, 61% of Network180 staff have been vaccinated this too is up from 58% last month. Network180 has reopened Eaglecrest for in-person working and use of the meeting spaces. All hybrid employees have now executed a telecommuting work agreement with Network180 which describes terms and conditions of the expectation of when an individual is expected to be in the office and expectation for working at home and community visits. Network180 will continue to monitor community spread of Covid-19 and are prepared to either reverse course on the "re-opening plan" or increase employee capacity at both Fuller and Eaglecrest as long as community spread remains low.

### System Re-Design / Integration

As reported last month Rep. Whiteford's bills 4925 to 4929 received two hearings the in the Health policy committee. The House of Representatives adjourned for the summer without taking action on any of the bills. It is anticipated that further discussions will be taking place this fall with an opportunity to amend the bills. In late, July Senator Shirkey and Senator Bizon introduced Senate bills 597 and 598. The bills were referred to Governmental operations. It is expected that these bills will receive hearing this fall. The bills would turn over the PIHP function to a Medicaid health plan under a Specialty Integrated Plan (SIP). The plan would not be subject to local or regional oversight and not subject to the open meetings act or the freedom of information act. The plan would be regulated in the same manner as an insurance company and would be required to hold an insurance license.

### Lakeshore Regional Entity / Beacon

The transition of Beacon Health Options from a partnership with the Lakeshore Regional Entity (LRE) to an Administrative Service Organization (ASO) is currently underway. It is anticipated that the transition of all functions returning to the LRE will be completed by December. Additionally, early indication is the regional allocation will be lower than last year. This can be attributed to less Covid-19 relief funds being placed in the regional allocation. This was anticipated and as the budget process is occurring with Network180 this reduction has been planned for in FY 2022.



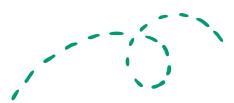
# SAVETHE DATE 9.11.21



# **BELLE ISLE, DETROIT**

10:30 am registration

FREE, family fun, food, games, music & more



Remembering the journey.



# 22ND ANNUAL SUBSTANCE USE AND CO-OCCURRING DISORDER CONFERENCE



WHO SHOULD ATTEND? This conference attracts upwards of 1,400 attendees including board members, oversight policy board members, administrators, financial directors, medical directors, clinical directors, prevention, treatment and recovery professionals, case managers, recovery coaches and those with lived experience. This educational opportunity is intended for providers in the substance use and co-occurring disorders field at all levels of practice (beginning, intermediate and/or advanced).

### **CONFERENCE OBJECTIVES:**

- To identify ways to use data and data analytics to improve outcomes and care.
- To identify ways to communicate in a culturally competent manner with the client population.
- To identify overdose prevention strategies.
- To identify indicators of trauma and best practices for treatment of trauma survivors.
- To identify treatment strategies specifically for minority communities in an effort to achieve health equity.
- To increase knowledge of peer support services and their benefit to traditional programming.
- To increase the understanding of the needs of individuals in the correctional setting and re-entering the community.
- To identify tools to advocate for the health equity and wellness of minority groups and children.
- To identify strategies for successful treatment of the dual diagnosis portion of the population.
- To improve the use of outcomes and data in program planning strategies.
- To show how communities have embedded existing evidence-based, best and promising practices into their system for sustainability.
- To have increased understanding of the ways in which continuous quality improvement in evidence-based, best and promising practices can improve outcomes and performance measures.
- To increase participants' awareness, knowledge and skills related to substance use and co-occurring disorders.
- To focus on trauma informed care for all populations.

### CONTINUING EDUCATION INFORMATION:

<u>Substance Abuse Professionals</u>: The Community Mental Health Association of Michigan is approved by the Michigan Certification Board for Addiction Professionals to sponsor substance abuse training. CMHA maintains the responsibility for the program and content. **Substance Abuse Professionals participating in this conference may receive a maximum of 11 specific contact hours.** Qualifies as "in-person education."

<u>Social Workers:</u> This conference qualifies for a maximum of 10 social work CE's. The Community Mental Health Association of Michigan is an approved provider with the Michigan Social Work Continuing Education Collaborative. Approved Provider Number: MICEC 060818. Qualifies as 9 hours "face-to-face (in-person) education;" and 1 hour On-Demand education.

<u>CECH (CHES)</u>: Sponsored by CMHA, MDHHS, BHDDA, OROSC, a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc. This conference is *pending* for Certified Health Education Specialists (CHES) and/or Master Certified Health Education Specialists (MCHES).

Virtual Participation: You are expected to actively participate in the training, see below for recommendations and requirements.

- You must watch the virtual training LIVE to receive credit for the training.
- Recommend that attendees log into the virtual training at least 15 minutes before the session begins.
- Registration report will indicate arrival time (note for continuing education you must be logged into the virtual training within 5 minutes of the start of the training).
- Internet: A strong internet connection is highly recommended. If your internet service is not able to stream videos, it will likely not be strong enough to support a virtual training. You will want a minimum upload speed of 5mbps.
- Each training takes place in the EST (eastern standard time) time zone and all agenda times reflect that.
- After confirmation that you have fully participated in this conference, you will have access to your certificate via your online portal in the virtual platform.

<u>Continuing Education Requirement:</u> National Accreditation Rules: National Accreditation rules indicate that if you are over five (5) minutes late or depart early, you forfeit your continuing education hours for the entire training. Please note that this is a national rule that CMHA must enforce, or we could lose our provider status to provide continuing education hours in the future. This rule will be strictly followed.

<u>Certificate:</u> The virtual platform will be utilized to track participation and generate certificates. No other certificate will be given outside of the one generated by the virtual platform. More details on how you will obtain this certificate will be given during the conference. <u>Evaluation:</u> There will be an opportunity for each participant to complete an evaluation of the training and the instructor. If you have any issues with the way in which this conference was conducted or other problems, you may note that on your evaluation of the conference or you may contact CMHA at 517-374-6848 or through our website at www.CMHAM.org for resolution.

<b>Registration Type</b> – Deadline to Register is September 6	Early Bird	After 8/27		
Conference Attendee Rate  This is the only rate, regardless of how many sessions or days you attend the conference.	\$150	\$175		
Exhibitor and Sponsors – CLICK HERE for a detailed strochure.				



### **SCHEDULE AT A GLANCE**

**NOTE:** You will receive credit for each session in which you follow the virtual participation guidelines for (see detailed schedule for credit types approved).

### Monday, September 13, 2021

8:30-10am	1. SSP Implementation:	2. Increasing and	3. A Recovery	4. When Gambling	
Breakout	A Transtheoretical Model	Improving Multi-Cultural	Community Responds to	Disorder Co-Exists	
Sessions	of Community Change	Competency	Dueling Public Health		
			Crises		
10:30-11:30am	10:30-11:30am KEYNOTE: Exploring the Connection Between Racial Trauma and Substance Use				
Noon-1pm	Noon-1pm Lunch N' Learn with Exhibitors (limited space, first come first served)				
4-5pm	<b>4-5pm</b> Reiki Session (limited space, must pre-register on the platform, first come first served)				
The Healing Space and exhibit booths will be open throughout the conference. More details to come!					

### Tuesday, September 14, 2021

7-8am	Emotional Freedom Technique (EFT)				
8:30-10am	5. Prevention	6. Re-Imagining	7. Current Trends in	8. Wellspring Academy -	
Breakout	Fundamentals: Working	Medication Assisted	Women's Substance Use	Introduction to South	
Sessions	Within the Michigan	Treatment Using	Treatment	East Michigan First	
	Prevention Data System	Technology		Recovery High School	
10:30am-Noon	9. The Intersection of	10. Veterans 101, The	11. Substance Use and	12Understanding the	
Breakout	Substance Use and	Silent Warrior	Recovery During COVID	Prevalence, Relevance	
Sessions	Trauma in African			and Impacts of Acquired	
	American Youth and			Brain Injury	
	Young Adults				
4-5pm	Reiki Session (limited space, must pre-register on the platform, first come first served)				

The Healing Space and exhibit booths will be open throughout the conference. More details to come!

### Wednesday, September 15, 2021

8:30-10am	13. Building Coalition	14. Codependency:	15. Implicit Bias in SUD	16. Addiction and	
Breakout	Capacity and Drive -	Healing Relationships	Treatment Settings:	Neurofeedback -	
Sessions	During A Virtual Time &		Understanding &	Treatment of SUD in Jail	
	Beyond		Mitigating the Risk		
10:30am-Noon	17. Recovery-Oriented	18. Diversity, Equity and	19. Developing and	20. Trauma Informed	
Breakout	Tobacco Interventions in	Inclustion at Your Agency	Enhancing Community	Relapse Prevention	
Sessions	Addiction Services	– The Basics	Based Adolescent SUD		
	Treatment Programs				
12:30-1:30pm Lunch N' Learn with Exhibitors (limited space, first come first served)					
<b>4-5pm</b> Reiki Session ( <i>limited space, must pre-register on the platform, first come first served</i> )					
The Hading Space and exhibit heaths will be even throughout the conference. More details to come!					

The Healing Space and exhibit booths will be open throughout the conference. More details to come!

### Thursday, September 16, 2021

				1	
7-8am	Emotional Freedom Technique (EFT)				
8:30-9:30am	KEYNOTE: Implementing the CLAS Standards in Prevention				
10-11:30am	21. Preparing for	22. What's the Big Deal	23. Medication Assisted	24. Multiple Pathways to	
Breakout	MCBAP, CPS and CPC	About Marijuana	Treatment in Age of the	Recovery and Recidivism	
Sessions	Certification		Pandemic: Technology	Rates at SUD Residential	
			Oriented Service Delivery	Treatment Centers	
4-5pm	Reiki Session (limited space, must pre-register on the platform, first come first served)				

The Healing Space and exhibit booths will be open throughout the conference. More details to come!

# VIRTUAL CONFERENCE AGENDA MONDAY, SEPTEMBER 13, 2021

### 8:30am-10:00am Breakout Sessions (1-4):

### 1. SSP Implementation: A Transtheoretical Model of Community Change

- Qualifies for 1.5 Specific MCBAP Education Contact Hours + 1.5 CE hours for Social Work
- Jessica Irvin, BSW, CPS (she/her/hers), Prevention Specialist, Community Mental Health of Ottawa County
- Joel Ebbers, LMSW, CAADC (he/him/his), Contractual and Integrated Services, Community Mental Health of Ottawa County
- Megan Rocha-Adams, BS, (She/Her), Program Manager, Grand Rapids Red Project

If you, your coalition, or your agency have identified implementing a syringe service program as a priority but you're not sure how or where to start - this workshop is for you. In this workshop we will share strategies for implementation, key partnerships, and best practices to successfully change local codes to allow for a syringe service program. **Participants will be able to: 1.** Identify what stage of change your community is in and which strategy for implementing a syringe service program would be most effective in your community. **2.** Identify strategic partners and key messages for each of these audiences. **3.** Pin point data sources that will be influential in discussing syringe service programs.

# 2. Increasing and Improving Multi-Cultural Competency Among Behavioral Health Practitioners, Clinicians, and Key Decision Makers

- Qualifies for 1.5 Specific MCBAP Education Contact Hours + 1.5 CE hours for Social Work
- **Dr. Hakeem Lumumba, PhD,** (he/him/his), Owner, H.L. Counseling Enterprise, Inc.

In today's society, most professional provider organizations have experienced an influx of both staffs and clients' diversity. To provide optimal care to our clients and to promote wellness among our staffs, we must begin the process of examining and improving our cultural competency. This presentation will serve as a catalyst for this process. This presentation will help the participants with processing their unconscious biases by pointing out how these biases are constructed. In addition, this presentation is designed to stimulate the attendee's intellect as well as their hindsight, insight, and foresight. **Participants will be able to: 1.** Create a culturally safe environment for their stakeholders. **2.** Analyze their cultural competency barriers. **3.** Apply the Motivational Interviewing Model to improve their cultural competency.

### 3. A Recovery Community Responds to Dueling Public Health Crises

- Oualifies for 1.5 Specific MCBAP Education Contact Hours + 1.5 CE hours for Social Work
- Paul Sarris, CPRC, CPRM (he/him/his), Director of Peer Services, CARE of Southeastern Michigan Recovery United Community Center
- Lindsey Parton, (she/her/hers), PRC Supervisor, CARE of Southeastern Michigan Recovery United Community Center
- **Jennifer Murakami, CPRC** (she/her/hers), Peer Recovery Coach, CARE of Southeastern Michigan Recovery United Community Center

CARE of Southeastern Michigan's peer-run organization, Recovery United Community Center (RUCC), successfully adapted programming and service delivery during the Covid-19 pandemic to increase access to recovery services throughout southeast Michigan. Virtual recovery programming opportunities and innovative outreach strategies improved rates of engagement of persons-served when traditional service delivery was halted. Through the SAMHSA Targeted Capacity Expansion—Peer-to-Peer funding opportunity, RUCC developed intentional engagement approaches and increased the project's 6-month follow-up rate from 30% to a cumulative rate of 48.7%. In addition, and through funding from the Community Foundation for Southeast Michigan, RUCC partnered with Macomb County EMS Medical Control Authority, the Macomb County Sheriff's Office, and Medstar EMS & Mobile Healthcare to create an interdisciplinary team that responds to survivors of overdose through home and community-based outreach services. In additional to the interdisciplinary team approach for increasing access to recovery support services, RUCC partnered with community-based organizations and businesses to distribute naloxone throughout known overdose areas by hosting 'Pop-up Narcan Events'. **Participants will be able to: 1.** Describe three strategies to improve engagement and retention of persons-served during service delivery, specifically during Covid-19. **2.** Identify three ways to increase access to recovery support services for those seeking and maintaining recovery.

# 4. When Gambling Disorder Co-Exists: The Prevalence of Co-Occurring Disorder Among Gamblers and Pathways to Recovery

- Qualifies for 1.5 Specific MCBAP Education Contact Hours + 1.5 CE hours for Social Work
- Lori Mello, LBSW, MA, LPC, MPA (she/her/hers), Program Manager Gambling Treatment Program, Health Mgt. Systems of America Oftentimes, when a person shows symptoms of an addiction to something, there are other problems at play in their mind. For the addiction to be treated, the other disorders also need to be addressed. People start gambling for multiple reasons. Some enjoy the thrill, the risk-taking, and the power. Some, who feel isolated, use it as a way to feel social. Others use it as a way to relieve stress and anxiety or even to try to cure their depression. Yet, one addiction cannot properly heal another. This workshop will explore the various issues and methods to treat gambling disorder when another addiction or mental health issue is co-occurring. Through methods such as medication, cognitive behavioral therapy, and support, those with gambling disorder can find healing and become a winner for life. Participants will be able to: 1. Identify the basics of gambling disorder. 2. Recognize how gambling disorder co-occurs with other mental health disorders and addictions. 3. Identify the various effective, evidenced-based treatment modalities work with the co-occurring individual where gambling disorder is present and what recovery looks like.

### 10:00am-10:30am Break in Between Sessions – Go and Check Out....

**Virtual Exhibits Open** – Going virtual means that exhibit booths will be opened to explore the entire week of the conference! Exhibitors will post resources for you to view within and outside of conference hours. More details will be posted soon, including the time frames in which many of the exhibitors will partake in 1:1 video networking and other interactive virtual features offered this year!

### The Healing Space - Brought to you by Serenity House of Flint

This virtual space will be stock with pre-recorded meditations and other wellness exercises to bring calm and healing to you during this virtual experience. Missing the one-on-one appointments from last year? Don't worry, you can book distance reiki, guided meditation, EFT, Naturopathy/Herbs and Nutrition appointments with the Serenity House of Flint staff and partners. Stay tuned for more details on how this process will work.

### 10:30am-11:30am KEYNOTE: Exploring the Connection Between Racial Trauma and Substance Use

- Qualifies for 1 Specific MCBAP Education Contact Hours + 1 On-Demand CE hour for Social Work
- Dr. Jamila Holcomb, PhD, LMFT (she/her/hers), Owner, Holcomb Counseling and Consulting, LLC

At a time when discussions surrounding the history and impacts of racism are under intense scrutiny, it is imperative that the mental health community bravely explores the impacts of racial trauma on our health. This workshop will specifically explore the relationship between racial trauma and substance use, in an effort to not only increase our understanding of racial trauma but also to increase the use of culturally responsive, anti-racist treatments for substance use. To start, this workshop will facilitate an in-depth discussion on racial trauma, identifying the various types of racism experiences that can lead to racial trauma, as well as common presenting symptoms. Then, there will be a discussion on the connection between racial trauma and substance use. Finally, this workshop will end with best practices on how to incorporate healing racial trauma into substance abuse treatment. Participants will leave this workshop feeling better equipped to recognize the impacts of racial trauma on substance use and better able to honor the lived experiences of people of color in substance use treatment. Participants will be able to: 1.

Define racial trauma and understand its presentation (prevalence, types, symptoms, etc.). 2. Identify the relationship between racial trauma and substance use. 3. Integrate best practices for addressing racial trauma into substance abuse treatment.

Noon-1:00pm

More details to come!

**Lunch N' Learn with Exhibitors** (limited to 16 people each, no pre-registration, first come first served) Join a roundtable video call on the platform with select exhibitors to ask questions and here more about the services they provide. Space is limited and will be on a first come first served basis. NO CE OR ATTENDANCE CREDIT.

4:00pm-5:00pm

More details to come!

Recovery Reiki ® Group Healing (limited to 20 people, must pre-register on the platform)
Reiki is an ancient Japanese practice developed by Mikao Usui that uses light touch to promote healing in the body, mind, and spirit. Recovery Reiki® specifically targets the pain-body that keeps a person in negative, cyclical patterns. This support group you will help you break free of those patterns so you can live a life of peace, love, bliss, and joy. Recovery Reiki® will help you get to the root cause of any addictions, codependent relationships, and any trauma associated with them. NO CE OR ATTENDANCE CREDIT.

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# VIRTUAL CONFERENCE AGENDA TUESDAY, SEPTEMBER 14, 2021

### 7:00am-8:00am Emotional Freedom Technique (EFT) Workshop (Repeats on Thursday)

- No CE credit is offered for this workshop and space is limited to 100 people. More details to come on how to sign up.
- Michael Wallen, BA, ADS (he/him/his), Green Tara Holistic Recovery

EFT is a Holistic treatment for both physical and emotional pain. Developed in 1995 by Gary Craig, EFT is used by more than 20 million people worldwide and its effectiveness has been proven in more than 100 studies. Through tapping, you can reduce the stress around negative emotions you feel about any issue you are dealing with including addiction, codependency and trauma. Releasing these negative emotions allows the mind and body to relax and restores balance to your disrupted energy system.

### 8:30am-10:00am Breakout Sessions (5-8):

### 5. Prevention Fundamentals: Working within the Michigan Prevention Data System

- Qualifies for 1.5 Specific MCBAP Education Contact Hours + 1.5 CE hours for Social Work
- **Lisa Coleman, BA, CPC-R** (she/her/hers), MDHHS-Office of Recovery Oriented System of Care (OROSC)

This workshop will examine prevention fundamentals in relation to the Strategic Prevention Framework and components of the Michigan Prevention Data System. Definitions and examples of the six Center for Substance Abuse Prevention strategies will be provided to ensure proper collection of information about the recipients of prevention services and correct coding for type of prevention activities. In addition, resources to assist prevention professionals' transition to or determine appropriateness of service delivery in virtual and/or in-person settings will be illustrated as well as relevance for various subpopulations.

Participants will be able to: 1. Define the components of the Strategic Prevention Framework and how it applies to direct prevention services. 2. Match the six Center for Substance Abuse Prevention strategies to implementation of prevention services and appropriate entry into the Michigan Prevention Data System. 3. Determine virtual vs. in-person prevention activities and appropriate use with various subpopulations.

### 6. Re-imagining Medication Assisted Treatment Using Technology

- Qualifies for 1.5 Specific MCBAP Education Contact Hours + 1.5 CE hours for Social Work (Pending)
- **Eric Eason, MA, LPC, CAADC** (he/him/his), Therapeutics
- Kristen Lee, JD, BSW, CADC-DP (she/her/hers), Therapeutics
- Marlene Collick, MEd (she/her/hers), Director, Community Corrections

The objectives of the presentation are rooted in three paradigm shifts that will be positioned as innovative approaches to substance abuse treatment. These paradigm shifts are:

Old Paradigm	New Paradigm
High risk MAT treatment with impractical timeframes to	MAT that accelerates independence, while providing safeguards and
obtain remote dosing or irresponsible delivery of medication.	controls at the point of consumption.
Qualitative assessment of recovery using unstructured	Standardized index that enables clinicians to evaluate, score, compare and
methods to evaluate progress.	contrast progress across institutions and clients.
Generic, unfocused prevention and recovery content	Realtime content delivery acutely focused on and the needs of the
delivered independent of the audience – a one size fits all	individual with sensitivity to the individual's demographic segment.
approach to communication.	

Participants will be able to: 1. Describe the Controlled Substance Management Platform and feature set to enable clinicians to understand the therapeutic value of the technology and to identify additional treatment benefits. 2. Introduce a new index and launch a research effort to secure data that can be used for a clinical trial to substantiate the value and usefulness of the index.

3. Illustrate the benefit of biometrically sensitive content and generate ideas that will enable the creation of "celebrity-expert" pairs of morsels that can be used in real-world treatment scenarios. Subsequently, make this demographically optimized content available to participants.

### 7. Current Trends in Women's Substance Use Treatment

- Qualifies for 1.5 Specific MCBAP Education Contact Hours + 1.5 CE hours for Social Work
- **Heather Rosales, LMSW, CAADC** (she/her/hers), WWS Coordinator, MDHHS-Office of Recovery Oriented System of Care (OROSC)
- Sara Sircely, MA, CAADC (she/her/hers), Managing Director of Substance Use Disorder Services, Northern Michigan Regional Entity

This workshop will explore the unique and gender-responsive treatment that must take into consideration when creating, recommending, and delivering treatment to women with a SUD and individuals who are pregnant and have a SUD. Individuals will be provided with more information on historical and current gender differences in substance use and treatment, highlighting what is being done in current treatment facilities across Michigan that specifically treat women with SUD.

Participants will be able to: 1. Identify current trends in women's SUD treatment in Michigan. 2. Gain insight into pregnant individuals who use SUD. 3. Understand how stigma effects individuals in SUD treatment.

# 8. Wellspring Academy - Introduction to South East Michigan First Recovery High School & the Process of Integration

- Qualifies for 1.5 Specific MCBAP Education Contact Hours + 1.5 CE hours for Social Work
- Brian Spitsbergen, Ph.D, LPC, CAADC (he/him/his), COO, Wellspring Academy

Wellspring Academy is Southeast Michigan's first recovery high school. This presentation will describe the process and approach necessary to successfully launch a school which includes developing comprehensive academic and recovery support strategies designed to measure long term academic and recovery based outcomes and preparing students for post secondary life. **Participants will be able to: 1.** Examine and increase knowledge base regarding how the role a recovery school can play in positively impacting outcomes surrounding trauma & depression. **2.** Develop evaluation practices in connecting recovery coaching and other recovery supports to academic services. **3.** Discuss analytic measures for student outcomes.

### 10:00am-10:30am Break in Between Sessions – Go and Check Out....

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### The Healing Space - Brought to you by Serenity House of Flint

This virtual space will be stock with pre-recorded meditations and other wellness exercises to bring calm and healing to you during this virtual experience. Missing the one-on-one appointments from last year? Don't worry, you can book distance reiki, guided meditation, EFT, Naturopathy/Herbs and Nutrition appointments with the Serenity House of Flint staff and partners. Stay tuned for more details on how this process will work.

### 10:30am-12:00pm Breakout Sessions (9-12):

# 9. The Intersection of Substance Use and Trauma in African American Youth and Young Adults: Delivering Prevention Services & Support to a Uniquely Impacted Population

- Qualifies for 1.5 Specific MCBAP Education Contact Hours + 1.5 CE hours for Social Work
- Karl E. D'Abreu Sr., PgC, MS, BS (he/him/his), Life Support Services, NCADD-GDA
- Kendall G. Morris, MSW, BS (she/her/hers), NCADD-GDA
- Gerald Wade, CPC-M (he/him/his), NCADD-GDA

Due to a lengthened period of living a subdued life, youth activities have been set on a course of unmonitored substance misuse, anxiety, depression, and other feelings of despair. This workshop examines and conducts culturally tailored research related to African American youth and young adults in an urban setting and its correlation to trauma. This will be done by examining data, and the fidelity of evidence-based practices in mental health and substance use disorder service systems. The current pandemic plays a major role in the research due to the fact we have never experienced anything like this before in our lifetimes. Multiple approaches not traditionally used before will also be reviewed to include technological and holistic. The presentation offers both quantitative and qualitative examples to support our overall findings. **Participants will be able to: 1.** Understand the association of substance use disorders with both exposure to trauma, and PTSD among African American drug users. **2.** Understand the fidelity of technology and its Prevention strategies towards the long-term effects on student's well-being during the Covid-19 pandemic. **3.** Learn how to utilize online gaming resources to teach Prevention strategies to youth via an evidence-based program curriculum.

### 10. Veterans 101, The Silent Warrior

- Qualifies for 1.5 Specific MCBAP Education Contact Hours + 1.5 CE hours for Social Work
- Chaka McDonald, BA (he/him/his), Veterans and Military Families Navigator, Oakland Community Health Network
- Tradina Taylor, MSW (she/her/hers), Access Supervisor, Oakland Community Health Network

This presentation will focus on Veterans from a national, state and regional perspective. This powerpoint will discuss the various challenges faced by many Veterans and the resources available for them and their families. We will discuss a special referral system developed by OCHN to help better connect Veterans and their family members. **Participants will be able to: 1.** Understand the military culture of the "just deal with it" mantra and how it is detrimental to Veterans. **2.** Understand the effects of PTSD and Moral Injury as it relates to Veterans, the differences between the Moral Injury and PTSD and participants will understand the various treatment modalities used to address PTSD. **3.** Understand Military Sexual Trauma, its effects on mental health, number of Veterans impacted and what services are provided to address that issue.

### 11. Substance Use and Recovery During COVID

- Qualifies for 1.5 Specific MCBAP Education Contact Hours + 1.5 CE hours for Social Work
- **Kristal Reyes, LMSW, MPH, CAADC** (she/her/hers), Director of Crisis, Substance Use and Recovery Services, Neighborhood Services Organization

COVID-19 has changed life dramatically for many individuals, creating anxiety, depression, and symptoms of emotional distress some have never experienced before. The pandemic has disproportionately impacted many communities. Persons with addiction are more susceptible to COVID and its long-term effects. This webinar will discuss those disparities and share some of the ways that NSO has been able to address these disparities. Finally, we will offer resources for the Stay Well grant program, that can support individuals in managing these feelings and regaining hope. **Participants will be able to: 1.** Identify disparities among specific populations. **2.** Validate, normalize, and humanize individual responses to the COVID pandemic. **3.** Provide resources to the communities that they serve.

# 12. When the "Rules" Don't Apply: Understanding the Prevalence, Relevance and Impacts of Acquired Brain Injury in Treatment of Co-Occurring Disorders

- Qualifies for 1.5 Specific MCBAP Education Contact Hours + 1.5 CE hours for Social Work
- Stephanie Huhn, MA, LLP, CBIS, CAADC, CCM, ACCTS (she/her/hers), Therapist, Trainer and Speakers, HealingTheWhole.org

  Acquired Brain Injury is often referred to as a "silent epidemic", yet despite the rising prevalence and the pervasive impacts, ABI is often unrecognized, undiagnosed, mis-diagnosed, misunderstood and/or mistreated. The unfortunate consequences of this are often: Frustration (felt by both the client and the clinician), a lack of progress, and false assumptions about a client's behaviors as well as use of inappropriate treatment tools. Treatment for Acquired Brain Injury often does not play by the same rules as traditional treatment methods. Despite our good intentions, when we do not have a full understanding of acquired brain injury its prevalence, relevance, implications and impacts we may unintentionally do our clients a disservice. There is a high correlation between Brain Injury Diagnoses, Substance Use Disorders and Co-Occurring Mental Health Conditions, making this a highly relevant topic. In this workshop you will gain an understanding of acquired brain injury, including: ABI types, prevalence, common causes, risk-factors, signs, symptoms, assessment tools, diagnoses, impacts and more. You will learn tools, techniques and approaches you can apply in your own practice. Participants will be able to: 1. Discuss acquired brain injury, including: its relevance in the treatment of SUD and co-occurring disorders, its prevalence, definitions and diagnoses, types of ABI, impacts, symptoms, and assessment tools. 2. Name the common, unique challenges faced by those with ABI diagnoses, whether traumatic or non-traumatic, including modifications and adjustments that can be made in treatment. 3. Name and use treatment approaches, tools and techniques in treating an individual with ABI in a behavioral health context.

### 4:00pm-5:00pm

## More details to come!

**Recovery Reiki** ® **Group Healing** (limited to 20 people, must pre-register on the platform)
Reiki is an ancient Japanese practice developed by Mikao Usui that uses light touch to promote healing in the body, mind, and spirit. Recovery Reiki® specifically targets the pain-body that keeps a person in negative, cyclical patterns. This support group you will help you break free of those patterns so you can live a life of peace, love, bliss, and joy. Recovery Reiki® will help you get to the root cause of any addictions, codependent relationships, and any trauma associated with them. NO CE OR ATTENDANCE CREDIT.

# VIRTUAL CONFERENCE AGENDA WENESDAY, SEPTEMBER 15, 2021

### 8:30am-10:00am Breakout Sessions (13-16):

### 13. Building Coalition Capacity and Drive - During A Virtual Time & Beyond

- Qualifies for 1.5 Specific MCBAP Education Contact Hours + 1.5 CE hours for Social Work
- Ryan Reblin (he/him/his), Community Organizer, Community Organizer, CARE of Southeastern Michigan
- Adrienne Gasperoni, BA, CPS (she/her/hers), Community Organizer, CARE of Southeastern Michigan

Our world has changed due to COVID-19 and there is no doubt we have all learned how to be more adaptable, creative, and understanding. The Community Organizers from CARE of Southeastern Michigan serve 10 different coalitions throughout Macomb County & Wayne County. We will be sharing our success stories, challenging moments, and how we were able to stay consistent. This includes forming new partnerships, building community awareness and reducing youth substance use. We will discuss our unique approaches to utilizing strategic prevention framework within our coalitions, including innovative ways to reach new audiences, data collection, information dissemination, and strategic planning. The audience will be able to actively brainstorm how they plan to increase capacity building during a virtual time and gaps within their sector representation – and actively problem solve with the group. **Participants will be able to: 1.** Understand the importance of capacity building within the strategic prevention framework. **2.** Adapt the 7 strategies for community change to work in a virtual world. **3.** Gain 10 different capacity building ideas and activities and utilize our capacity building tools to gain membership within their own coalitions.

### 14. Codependency: Healing Relationships

- Qualifies for 1.5 Specific MCBAP Education Contact Hours + 1.5 CE hours for Social Work
- Tara Moreno-Wallen, MA/ADS (she/her/hers), The Serenity House of Flint & Green Tara Holistic Recovery
- Michael Wallen, BA/ADS (he/him/his), Green Tara Holistic Recovery
- Kasie White, LMSW-Clinical (she/her/hers), University of Michigan-Flint and Owner, Living in the PAUSE, PLLC

Codependency is a learned behavior that can be passed down from one generation to another. It is an emotional and behavioral condition that affects an individual's ability to have a healthy, mutually satisfying relationship. Often there are trauma responses that lead to hyper-independence & hyper-dependence. Comparative Suffering (a term coined by Brene Brown) is a hurdle that often prevents people from the healing process by discounting their traumatic experiences. In this workshop, we'll discuss trauma and the brain specifically the Fight, Flight, Freeze, and Fawn phenomena. We'll also discuss boundaries as a powerful elixir when it comes to healing relationships. This is a trauma-informed, whole-person workshop. Stages of Change and treating the mind, body and spirit will be a highlight. A guided meditation with a grounding technique will be offered at the completion of the workshop. **Participants will be able to: 1.** Identify codependent traits and patterns in yourself and others. **2.** Show interventions to use with yourself and others and how codependency is commingled with other disorders and issues. **3.** Describe the benefits of a life free from codependency and how to help yourself and others achieve this by becoming interdependent.

### 15. Implicit Bias in SUD Treatment Settings: Understanding & Mitigating the Risk

- Qualifies for 1.5 Specific MCBAP Education Contact Hours + 1.5 CE hours for Social Work
- Phillip Hunter, MA, LLP, CAADC, CCS (he/him/his), Clinical Manager, Meridian Health Services
- Kenneth Briggs, BA, CADC (he/him/his), Program Relations and Business Development Administer, Meridian Health Services

Unconscious thoughts and feelings are a fundamental part of how people receive, process, and interpret information. Wherever these thoughts and feelings are present, there is space for biases to develop. In a substance use treatment setting, this has major implications for how professionals diagnose, treat, and support persons served. This workshop helps to define implicit bias, learn common microagressions, explore how implicit thoughts develop, and provide meaningful direction for how to build awareness and challenge implicitly biased thoughts so that they do not negatively impact the services offered to those in need. **Participants will be able to: 1.** Define implicit bias and relate how it is different from explicit forms of bias. **2.** Identify examples of microaggressions. **3.** Identify strategies for individual and organizational awareness-building.

### 16. Addiction and Neurofeedback - Treatment of SUD in Jail

- Qualifies for 1.5 Specific MCBAP Education Contact Hours + 1.5 CE hours for Social Work
- Rex Cannon, PhD (he/him/his), SPESA Research, Inc.
- **Dr. Jeff Leighton, PhD** (he/him/his), SPESA Research, Inc.

SPESA, Inc. and Newaygo County Mental Health began treatment of inmates with SUD in the Newaygo County jail in July, 2020. This seminar will explore the results of the treatment so far, including successes and lessons learned. **Participants will be able to: 1.** Understand the benefits of LORETA neurofeedback in the treatment of addiction. **2.** Understand the outcome measures used to measure changes in LORETA neurofeedback. **3.** Understand the effect of substance use disorder on the brain over time.

### 10:00am-10:30am Break in Between Sessions – Go and Check Out....

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### 10:30am-12:00pm Breakout Sessions (17-20):

### 17. Recovery-Oriented Tobacco Interventions in Addiction Services

- Qualifies for 1.5 Specific MCBAP Education Contact Hours + 1.5 CE hours for Social Work
- Tony Klein, MPA, NCACII (he/him/his), Consultant and Clinical Trainer, Tobacco Recovery and Wellness Initiative

Treating tobacco use disorder in the behavioral health setting is safe, promotes longer term so briety, reduces social stigma, and contributes to improved physical health and quality of life. Yet smoking is commonplace and a prime form of socialization in the treatment and recovering culture. For many the vision of being in recovery includes a cigarette, cup of coffee and daily mutual support meeting. In this webinar, participants will gain an understanding of strategy to challenge the social norms that serve as barriers to tobacco-free addiction services and to provide tobacco-specific behavioral counseling within a hope-inducing, growth-promoting spirit of recovery. **Participants will be able to: 1.** Apply strategies to tailor evidence-based tobacco dependence practice guidelines to a behavioral health population. **2.** Assemble participant capacity to discuss the topic within a narrative of drug and alcohol recovery. **3.** Analyze a tobacco behavioral counseling model that ensures matching the intervention to client stage-readiness.

### 18. Diversity, Equity and Inclusion at your Agency – The Basics

- Qualifies for 1.5 Specific MCBAP Education Contact Hours + 1.5 CE hours for Social Work
- Ambrosia Jackson, MA, LPC, CRC, CCTP (she/her/hers), Quality Administrator, MCCMH
- Stephanie Lange, LMSW, ACSW, CTP, CAADC, CCS-M (she/her/hers), Clinical Administrator, MCCMH

Explore basic terms and concepts around health disparities, bias, and privilege. Expose yourself to an opportunity to create your own personal action plan around how you see the people you serve and the people you work with. Arm yourself with resources to examine your own agency, policies, and practice. How to take your agency to the next level related to diversity, equity, and inclusion. **Participants will be able to: 1.** Define and process definitions and key concepts surrounding diversity, equity and inclusion as it related to disparities in the field. **2.** Develop personal action plans around their own perceptions and interactions with their environment as it related to these concepts. **3.** Apply assessment tools to their own policies, physical building site and services in order to make their services better accessible to people from marginalized populations.

### 19. Developing and Enhancing Community Based Adolescent SUD Treatment Programs

- Qualifies for 1.5 Specific MCBAP Education Contact Hours + 1.5 CE hours for Social Work
- **Anthony Muller MA, LPC, CAADC, CCS, SPADA** (he/him/his), Vice President, Substance Use Disorder Services & Clinical Services Development, Samaritas

Enhancing and expanding evidence-based adolescent SUD treatment programs has been a state priority. While evidence-based treatment modalities have been identified and training made available the growth in expanded community based programming, especially intensive services has lagged. In this workshop we will identify key components of adolescent substance use disorder treatment, identify the value and potential goals of adolescent SUD programs, highlight the chosen evidence-based treatment models, discuss common barriers to starting and maintaining programs and discussing strategies to creating and sustaining adolescent SUD programs. **Participants will be able to: 1.** Verbalize 3 challenges of developing and or maintaining intensive community based adolescent SUD programs. **2.** State 3 strategies to develop and maintain intensive community based adolescent SUD programs. **3.** Identify at least 2 clinical and 1 financial benefit of effective adolescent SUD programs.

### 20. Trauma Informed Relapse Prevention

CREDIT.

- Qualifies for 1.5 Specific MCBAP Education Contact Hours + 1.5 CE hours for Social Work
- Gwendolyn Bammel, LMSW CAADC CCS (she/her/hers), Clinical Supervisor, Ascension Eastwood Recovery Center
  Historically, relapse prevention has focused on behaviors and situational triggers. This new approach to relapse prevention incorporates the Amygdala response and trauma-focused emotional triggers that typically lead to relapse even when things are going well. Develop a new understanding of relapse prevention from this trauma-informed model of care. Participants will be able to: 1. Identify emotional triggers that lead to relapse. 2. Recognize patterns of avoidance that typically lead to relapse. 3. Develop effective coping strategies for long-term stability in recovery.

12:30pm-1:30pm

More details to come!

**Lunch N' Learn with Exhibitors** (limited to 16 people each, no pre-registration, first come first served) Join a roundtable video call on the platform with select exhibitors to ask questions and here more about the services they provide. Space is limited and will be on a first come first served basis. NO CE OR ATTENDANCE CREDIT. **More details to come!** 

4:00pm-5:00pm

More details to come!

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# VIRTUAL CONFERENCE AGENDA THURSDAY, SEPTEMBER 16, 2021

### 7:00am-8:00am Emotional Freedom Technique (EFT) Workshop (Repeated from Tuesday)

- No CE credit is offered for this workshop and space is limited to 100 people. More details to come on how to sign up.
- Michael Wallen, BA, ADS (he/him/his), Green Tara Holistic Recovery

EFT is a Holistic treatment for both physical and emotional pain. Developed in 1995 by Gary Craig, EFT is used by more than 20 million people worldwide and its effectiveness has been proven in more than 100 studies. Through tapping, you can reduce the stress around negative emotions you feel about any issue you are dealing with including addiction, codependency and trauma. Releasing these negative emotions allows the mind and body to relax and restores balance to your disrupted energy system.

### 8:30am-9:30am

# **Keynote:** Implementing the Culturally and Linguistically Appropriate Services (CLAS) Standards in Prevention

- Qualifies for 1 Specific MCBAP Education Contact Hours
- Albert Gay, MS, (he/him/his), Owner, Albert Gay Incorporated

The year 2020 brought about many revelations concerning inequities within our society. What was most disturbing was that these inequities are not new, but instead have been the reason for many disparities for vulnerable populations for decades. This webinar will give an overview of the Culturally and Linguistically Appropriate Services (CLAS) standards in the context of addressing inequities through cultural competence. Participants will explore opportunities for integrating the CLAS Standards into their local collaborative initiatives. When applied consistently, the CLAS Standards can help in system transformation for the creation of a more equitable environment. **Participants will be able to: 1.** Define the purpose of the CLAS Standards. **2.** List ways in which CLAS Standards can be applied to organizations. **3.** Explain how the CLAS Standards can be key in the transformation of community systems.

### 10:00am-11:30am Breakout Sessions (21-24):

### 21. Preparing for MCBAP, CPS and CPC Certification

- Qualifies for 1.5 Specific MCBAP Education Contact Hours + 1.5 CE hours for Social Work
- Louise Harder, CPS (she/her/hers), Executive Director, Prevention Network
- Susan Patino, Operations Manager/Certification Specialist, Michigan Certification Board for Addiction (MCBAP)
- Jill Gawronski, Administrative Services Manager/Certification Specialist, Michigan Certification Board for Addiction (MCBAP)

Navigating through the planning, preparation, and maintenance of MCBAP certification can be a daunting process. Learn best practices from SUD-certified prevention professionals. This presentation will walk a person through the process of applying for CPC/CPS certification with MCBAP, resources for studying/preparing for the ICRC exam, and insights from those who have been through the process. Participants will be able to ask and answer questions, as well as walk away with resources and tips for becoming a certified prevention professional. **Participants will be able to: 1.** Understand the education and professional experience requirements for development planning and certification. **2.** Understand performance domains and the relationship to the ICRC exam. **3.** Identify how to successfully maintain CPS or CPC certification.

### 22. What's the Big Deal About Marijuana

- Qualifies for 1.5 Specific MCBAP Education Contact Hours + 1.5 CE hours for Social Work
- Pamela Morgan, BHS, MBA, CADC, CPRM (she/her/hers), Owner, Key Insights, LLC

This is a MCBAP Approved training providing insight regarding the onset of drug abuse, with use of the Disease Concept/Addiction Model, identifying the progression and cycle of addiction – answering the question: "Why do people use drugs in the first place? Participants will gain insight into environmental predisposed addiction factors with use of Maslow's Hierarchy of Needs. This training will enhance the professional's understanding of the impact of marijuana use, misuse, abuse, dependence and the physical effects of marijuana on the body and the brain, ultimately answering the question commonly asked by adolescents as well as adults: "WHAT'S THE BIG DEAL ABOUT MARIJUANA?" **Participants will be able to: 1.** Assist clients to identify the physical impact of marijuana on the body and the brain, ultimately answering the commonly asked question: "WHAT'S THE BIG DEAL ABOUT MARIJUANA?" **2.** Pinpoint environmental predisposed addiction factors with the use of Maslow's Hierarchy of Needs. **3.** Assist clients in understanding the impact of marijuana use, misuse, abuse and dependence with the use of the Disease Concept/Addiction Model.

### 23. Medication Assisted Treatment in the Age of the Pandemic: Technology Oriented Service Delivery

- Qualifies for 1.5 Specific MCBAP Education Contact Hours + 1.5 CE hours for Social Work
- Katherine Blakley, MA, MBA, CADC-M, CPS-M, CCS-M (she/her/hers), University of Phoenix

OTP are essential providers that no one wants to talk about. The opiate epidemic did not end when the pandemic began. OTP had to establish mechanisms to efficiently provide services during the pandemic. This workshop is designed for Medication Assisted Treatment Providers that desire to learn technological strategies to continually provide services in the age of a pandemic.

Participants will be able to: 1. Identify technological strategies to deliver individual and group services. 2. Identify technological strategies to delivery physician encounter. 3. Describe the advantages to implementing traditional and technological methodologies.

# 24. Multiple Pathways to Recovery and Recidivism Rates at SUD Residential Treatment Centers from a Clinical and Peer Perspective

- Qualifies for 1.5 Specific MCBAP Education Contact Hours + 1.5 CE hours for Social Work
- **Chris O'Droski, MA, CPRM, CPRC** (he/him/his), ENGAGE! Program Coordinator & Peer Recovery Coach Program Coordinator, Hegira Health. Inc.
- Win Kurlfink, MA, CAADC, CYT (he/him/his), Therapist, Hegira Health, Inc.

This workshop addresses recidivism rates at SUD residential treatment facilities and suggests how they can be reduced by offering a multiple pathways approach. Presenters will report on preliminary findings through summer focus group participants consisting of frequent residential treatment consumers. Assessment of implications of multiple pathways resources and information from a collaborative perspective of both clinician and peer will be discussed. The effect the Covid-19 pandemic had on multiple pathway resources will also be addressed. **Participants will be able to: 1.** Interpret qualitative findings from focus groups and identify possible new avenues toward reducing recidivism rates. **2.** Recognize the importance of peer and clinician collaboration in relation to consumer services. **3.** Discuss overlapping boundaries of secular and non-secular treatment options.

### 4:00pm-5:00pm

More details to come!

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### **POLICIES:**

Registration Deadline: Attendee registration closes on September 6, 2021.

**Payment Due: Payment must be received 5 business days prior to the training.** Virtual training links will only be sent to **paid** registrants. Purchase orders are not considered payment. All no shows will be invoiced the full registration amount.

Checks can be made out to: CMHA and sent to 426 S. Walnut St, Lansing, MI 48933

Cancellation Policy: Substitutions are permitted up to 3 business days prior to the conference. No-shows will be billed at the full training rate. Cancellations must be received in writing via email at least 10 business days prior to the conference for a full refund less a \$25 administrative fee. If cancellation is received less than 10 business days prior to the training, no refund will be given. Refunds will be issued within 90 days of the training.

**Virtual Training Accommodations:** If you need accommodations to attend this virtual training, please contact Alexandra Risher at arisher@cmham.org at least 10 business days before the event.

**Permission to Record, Use Image or Representation**: I give my permission for Community Mental Health Association ("CMHA"), to videotape, audiotape, photograph, record, edit or otherwise reproduce my voice, image or likeness, and to use it in various formats and for the purposes within CMHA's mission of teaching, research, public service and patient care. Distribution methods may include, but are not limited to the classroom, television (including TV, broadcast, cable, and other), the Internet (including websites, webcasts and podcasts), print publications or other medium not existing or later created. CMHA retains the right not to use the footage for other than archival purposes. Any copyright protected works which I deliberately provide or otherwise include as part of a recording or background image are either my own property or works for which I have the permission of the copyright owner to use in any way. I certify that I am 18 years or older and have read this release and consent form and understand all its terms.

### **Code of Conduct for Participants:**

The Community Mental Health Association (CMHA) strives to create a training environment that is safe, inclusive, and fosters learning. As an attendee of a CMHA training, you are agreeing to contribute to the success of such an environment. CMHA attendees are responsible for proper and ethical behavior during trainings. It is not acceptable to use obscene, profane, threatening, or disrespectful visual, verbal or written communication during your time as an attendee. Attendees are also not permitted to record any part of this training for personal or other use. If CMHA becomes aware that a participant has failed to abide by this code of conduct, then the association may take whatever actions it deems appropriate, including, for example, removal from the training without refund, notification of participant's employer, removal of any continuing education credits, and disqualification from attending future events.

### **CONFERENCE ATTENDEES CLICK HERE TO REGISTER!**

Questions? Contact Alexandra Risher at arisher@cmham.org or 517.374.6848

This event is sponsored by the Michigan Department of Health and Human Services, Behavioral Health & Developmental Disabilities
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Administration, Office of Recovery Oriented Systems of Care, and facilitated by the Community Mental Health Association of Michigan.